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Food, Page 1C

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# Granite City Journal

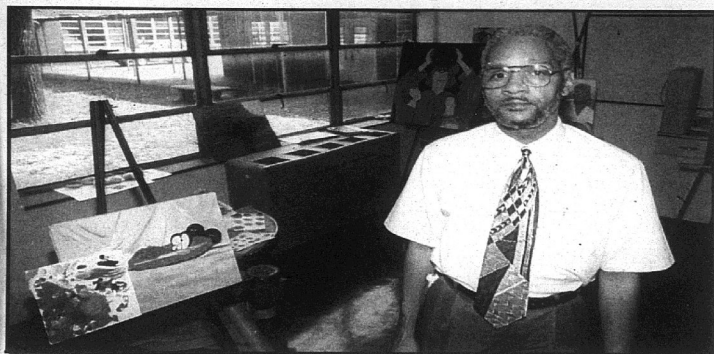
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VOLUME 20, NUMBER 42

WEDNESDAY, MAY 29, 1996

FIFTY CENTS



Madison art teacher Sherrell Byrd Jr. in his classroom.

## Art as inspiration Madison teacher provides motivating force

By Scott Cousins  
Staff writer

At a recent meeting of the Madison School Board, art teacher Sherrell Byrd Jr. and some of his students were recognized for their work.

At the last board meeting, some of that work was on display, and district officials want more.

Since he began teaching in the Madison School District 11 years ago, Byrd — who graduated from Madison High School in 1967 — has been trying to encourage students to find new ways to

express themselves. As the art teacher for both the middle and high school, he said teaching art in the Madison School District is important, and the backing of the school board and administration is important.

"It's very important because some of these kids didn't know they had that type of talent," Byrd said.

Because he starts working with students in the fifth and sixth grades, Byrd said, he has a lot of time to train them and bring out their talents.

Several students have gone on to college to become art teachers, and others are considering the same career.

"It gives them another way of expressing themselves," Byrd said of his students. "If they get into something gruesome, I'll change it and maybe have them work on anatomy."

"If they love skulls so much they'll go to anatomy and things like that. If they like the streets, we'll start with the streets, but then try to find something that we can do positive with those images."

"The whole point is to push them to express themselves in a positive sort of way," he said.

(See ART, Page 5A)

## Students have had successful year

By Scott Cousins  
Staff writer

It's been a good year for Madison High School art teacher Sherrell Byrd Jr. and his students.

Students won numerous awards throughout the year, and are ending the school year with a

large project — a mural of Egyptian art inspired by the "Splendor of the Pharaohs" exhibit at the St. Louis Art Museum.

"It has been a good year," Byrd said. "We have more beginners than ever before, and it seems that they have learned very quickly, to the point that we

took a chance on doing that mural. And having a freshman design that section of the wall was really nice."

Part of the cost of the mural was paid for by a grant from Shell Oil Co. through its Partners in Education program.

Byrd said he hopes to extend

(See STUDENTS, Page 5A)

## Pontoon Road work on again Negotiations resolve conflict

By Bob Slate  
Staff writer

Negotiations between representatives of Ameritech and Granite City have resolved a conflict holding up a \$1.3 million Pontoon Road construction project.

But delays caused by problems with relocating utilities will almost certainly prevent completion of the project before winter sets in, the city's contractual engineer said.

"At this time, it appears the contractor's schedule will be delayed approximately one month due to utility relocations and adjustments," said a memo from Joe Juneau of Juneau Associates, the city's contractual engineer.

Thiens Construction Co. of Edwardsville, the contractor, had initially projected a completion date for paving operations sometime early in December.

"If he starts the project in June ... the project will continue through winter. It will not be finished — based on what we're seeing now — by December," Juneau told the aldermen at last week's City Council meeting, adding that the weather will be a major factor determining the exact completion date.

The project includes a new 40-foot-wide concrete roadway between

Wabash Avenue and Maryville Road: two 12-foot-wide traffic lanes and two eight-foot-wide parking lanes; new sidewalks; new curbs and a stormwater sewer system.

In conjunction with the project, existing stop signs on Pontoon Road at Franklin Avenue will be removed and a three-way stop intersection at Pontoon and Johnson roads will be equipped with signal lights.

Thiens had planned on completing the roadbed in December, shutting down operations for the winter and completing sidewalks in 1997. But when staking the project in preparation of utility coordination, a conflict between the storm sewer design and an Ameritech fiber optic cable conduit was discovered.

(See ROAD, Page 8A)

## Davis storm continues

SPRINGFIELD — Controversy over Rep. Steve Davis' accusations of Republican "race baiting" continued to boil last week.

The Bethalto Democrat claimed that his raucous exchange with Speaker Lee Daniels on the House floor earlier this month will prevent further Republican attempts at stirring racial tensions. He said Republicans were in the wrong by changing legislation to remove badly needed funding for local school districts, a move Davis claims was made in

retaliation for his outburst.

Davis' Republican opponent, Jim Mihalich, said he did not believe Davis was being punished by Daniels over the exchange, which centered on an anonymously distributed photo of Davis and Alton NAACP President James Gray on the House floor.

"I think Steve's a little paranoid. I think he needs to take on an air of cooperation instead of calling attention to himself," Mihalich said Wednesday.

Davis disagreed. "I'm in the right on this thing. Anytime race raises its head it should be exposed. I've had nothing but support from my Democratic colleagues and many Republicans have

(See DAVIS, Page 6A)

## Student injured in fall



Selliers

A Granite City High School senior is fighting for his life after falling from the bed of a moving pickup truck on Thursday.

John M. Selliers, 18, who excelled at wrestling and football at GCHS, was listed in critical condition but slightly improved Tuesday morning at St. Mary's Hospital in Clayton.

Selliers fell from the bed of a pickup truck driven by Bobby Chaulsett, 17, also a standout GCHS wrestler, at 2:41 p.m. Thursday on the parking lot behind the high school. Selliers was

(See ACCIDENT, Page 4A)



(Staff photo by JOHN FRESE)

**Honors** — Lamars Kirkwood of Venice thanks the Madison/Venice Rotary for honoring him and the other students of the month during a banquet held recently. He was selected in February. More photos on Page 2A.

## Funeral home spurs interest

By Scott Cousins  
Staff writer

While Madison city officials said they welcomed a proposal to reopen a funeral home on Madison Avenue, they also said there are a number of hurdles to jump before it could be accomplished.

At last week's council meeting, Brian Winters, owner of Winters Funeral Service in East St. Louis, said he was interested in purchasing and reopening the Lahey Funeral Home building at 501 Madison Ave.

Winters said he was told about the property through a local real estate agent, and he has talked to city inspectors about the property, but was

told he needed approval from the council.

While city officials were supportive of the proposal and said the city needs a funeral home, several said there are a number of problems to be solved before it could happen.

First, the property has been condemned and is on the Madison County Community Development's demolition list.

City Attorney Casper Nighossian said the property could be taken off the demolition list if a potential buyer would develop a specific plan for rehabilitating the building.

Alderman Ron Grzywacz cautioned that there were a number of liens against the property that would have to be

(See HOME, Page 6A)

## In the Journal

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## 5 FULLER'S FORECAST

John Fuller, Chief Meteorologist, KSXK NewsChannel 5. The spring started off cool, cloudy, rainy and windy with gusts and high as 81 mph (hurricane force) resulting in numerous power outages on the 28th of April. The 90 day outlook for May, June, and July calls for equal chances of above or below normal temperatures and precipitation. This is new terminology employed by the National Weather Service for this product. Nonetheless, climatology says a balance, and in mid-May the pattern climbed right into summer with several record highs in the 90s. The pattern will slide closer to normal for the fall end of May and the first week in June. My hypothesis, based on solar activity, climatology trends, and jetstream patterns of late is that the summer will be slightly warmer and wetter than normal.



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## LOCAL NEWS



(Staff photos by JOHN FRESE)

**Recognition** — Above, Gary Allison, superintendent of the Madison School District, presents Madison High School senior Kentecia Jenkins with a \$500 scholarship from the Rotary Club during a banquet held to honor students of the month from Madison and Venice schools. Above right, Venice grade school student Portia Smith, student of the month for January, speaks at the banquet. Below, Rosetta Freeman, a student at Madison Middle School, speaks to Rotarians and parents gathered at the dinner.



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Anyone interested in attending Belleville Area College's Granite City Campus is invited to participate in the free ASSET placement and orientation program. The following is a list of summer ASSET dates:

## June

Monday, June 3  
Thursday, June 6  
Monday, June 10  
Thursday, June 13  
Monday, June 17  
Thursday, June 20  
Monday, June 24  
Thursday, June 27

## July

Monday, July 1  
Monday, July 8  
Thursday, July 11  
Monday, July 15  
Thursday, July 18  
Monday, July 22  
Thursday, July 25  
Monday, July 29

## August

Thursday, August 1  
Monday, August 5  
Thursday, August 8  
Monday, August 12  
Thursday, August 15  
Monday, August 19  
Thursday, August 22  
Monday, August 26  
Thursday, August 29

Fall classes begin August 17.

Thursday's ASSET will be given from 9 a.m.-12:30 p.m. in Room 510.

Monday's ASSET will be given from 5:30-9 p.m. in Room 520.

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# Transit district costs called low

By Scott Cousins  
Staff writer

A study prompted by Republican calls for an audit of the Madison County Transit District shows the district's operating costs are "significantly lower" than those of comparable systems, according to transit district officials.

A management analysis of data published by the Federal Transit Administration concluded that the district's operating costs per mile were one-third less than the average cost of 14 comparable bus systems in Illinois and around the nation in 1994.

In early April, GOP precinct committeemen adopted a resolution calling for an impartial state audit of the district, saying it had a "history of questionable expenditures and has lacked fiscal prudence."

The district was created in 1980 to oversee mass transit in the county. The board was chaired by William Haine until he became Madison County State's Attorney, and had been chaired by Madison County Board Chairman Nellie Hagnauer from 1989 until his death last week.

For the past several months, Vice Chairman Terry "Bones" Allan of Collinsville has been officiating at meetings in Hagnauer's absence.

Transit District Manager Jerry Kane said when the district was created, the only transit provider was the Bi-State Development Agency.

Since then the district has developed 17 local fixed routes, seven express routes to St. Louis and door-to-door service for senior citizens and persons with disabilities. The district is also responsible for the county's bike trails, has purchased two small airports and administers the regional RideFinders program.

The district and county are also cooperating in the development of a transportation plan for the county.

The plan would detail the county's transportation needs and solutions for the next 20-25 years.

Kane said the Republicans' action was a "partisan effort" and that the district could not operate without widespread public support.

Allan said the study showed the district was fiscally sound and well operated.

"The board is concerned that local taxpayers are getting value for their tax dollar," he said.

"One way to be sure is to compare ourselves with our peers in the transit industry."

Two groups were used in the comparison. The first group included eight suburban bus systems operating in metro areas similar to St. Louis. Those cities were Atlanta, Cleveland, Cincinnati, Kansas City, Milwaukee, New Orleans, Pittsburgh and Portland.

The second group included six downstate Illinois bus systems: Bloomington-Normal, Champaign, Decatur, Peoria, Rockford and Springfield.

Allan said the results were "gratifying."

When the district's fixed-route service was compared to the downstate Illinois Systems, the MCT's cost per revenue mile was 45 percent below the average. The transit district's door-to-door service also did well, at 18 percent below the average.

Cost per revenue mile is a standard measure of efficiency in the transit industry, officials said.

"By running the transit district like a business and being responsive to the growing transportation needs of Madison County residents, we've been able to carry more passengers every year since local fixed routes began running in 1988 without raising fares," Allan said.

According to transit district figures, the total ridership of the district's shuttle and demand responsive services rose from about 200,000 per year in 1986 to just under 1.2 million in 1995.



**Safe kids** — Steve Signall, president of Central Bank's Granite City Banking Center, recently presented a check to Granite City Fire Chief Keith Talley for a children's fire safety program sponsored by the National Fire Safety Council. Pictured from left are Assistant Fire Chief Jim Brawley, Signall and Talley.

## Selph nominated for award

Mayor Ron Selph, a 1975 graduate of Belleville Area College, has been nominated for the Illinois Community College Trustees Association's 1996 Distinguished Alumnus Award.

Selph is one of 21 individuals nominated for the award, which is presented yearly to promote the success stories of Illinois' community college graduates.

Candidates for the distinguished alumnus award are nominated by their colleges based upon such criteria as outstanding achievement in the nominee's chosen field, community involvement, volunteer or professional honors received and personal or professional obstacles overcome.

A lifelong Granite City resident, Selph grew up in a single-parent home in a low-income housing project.

Upon graduation from high school in 1964, he served for five years in the United States Coast Guard. By 1972, he had become a rookie officer with the Granite City Police Department and entered BAC administration of justice program to improve his education. In 1978, he added a bachelor's degree from McKendree College to his BAC diploma.

Selph will be honored with his fellow award nominees at a special June 14 awards banquet in Springfield.

## Variety of fitness classes being offered

Providence Wellness Center, located at 2103 Iowa St. in Granite City, has announced upcoming fitness classes, including:

**Aerobics mix**  
An eight-week session begins June 10 and runs through Aug. 1. Classes are held from 5 to 6 p.m. Monday, Wednesday and Thursday.

**Steppin' low**  
An eight-week session begins May 29 and runs through July 19. Classes are held from 7 to 8 p.m. Monday and Wednesday and 6:30 to 7:30 p.m. Friday.

**Steppin' high**  
An eight-week session begins June 4 and runs through July 20. Classes are held from 7:30 to 8:30 p.m. Tuesday and Thursday and 6:30 to 7:30 p.m. Friday.

**Stretching class**  
An eight-week session begins May 29 and runs through July 19. Classes are held from 4 to 4:30 p.m. Monday, Wednesday and Friday.

Providence Wellness Center offers a variety of fitness memberships, including single, couple or family membership.

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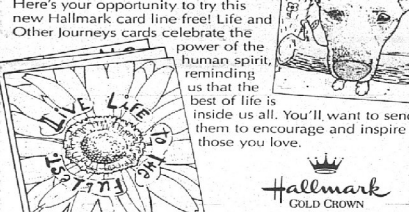
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## Obituaries

## Jewel Ratliff

Jewel L. (Carler) Ratliff, 87, of Edwardsville, formerly of Madison, died at 10:45 a.m. Sunday, May 28, 1996, at Madison County Nursing Home in Edwardsville, where she had been a resident for 17 years. She had been ill for 19 years.

Born June 4, 1909, in Bear Springs, Tenn., she had been a resident of Madison for 50 years.

A homemaker, she was a member of First Baptist Church in Madison and the New Hope Chapter 432 Order of the Eastern Star in Madison.

Survivors include three daughters, Peggy Jennings of Highland, JoAnne Gaudier of Granite City and Phyllis Vance of Port Chicago, Fla.; eight grandchildren; and 11 great-grandchildren.

She was preceded in death by her husband, Harold B. Ratliff Sr., whom she married June 1926, in Granite City, and who died May 28, 1972, one son, Harold B. Ratliff Jr., her parents, Marshall and Pocahontas (Beasley) Carter; one brother, Howard Carter; and five sisters, Mildred Maez, Ruby Pfaff, Pauline Meade, Ruth Jarrard and Myrtle MacDowell.

The family will receive friends from 6 to 7 p.m. Thursday at Thomas Memorial Mortuary, 2208 Pontoon Road in Granite City, where a memorial service will be held at 7 p.m. Thursday with the Rev. Bill Owens officiating.

Memorials are requested for the Madison County Nursing Home Auxiliary.

## Debra Wiser

Debra F. (Montgomery) Wiser, 63, of Fredericktown, Mo., died at 7:28 a.m. Sunday, May 28, 1996, at St. Elizabeth Medical Center.

Born Nov. 23, 1942, in Holland, Mo., she had been a resident of Fredericktown for 12 years.

Mrs. Wiser was of the Pentecostal faith.

Survivors include two sons, Richard and Anthony Wiser, both of Fredericktown; one daughter, Shirley Williams of DeBoto, Mo.; her mother, Vernie Antell of Granite City; one brother, Kenneth Montgomery of Collinsville; two sisters, Brenda Field of Pontoon Beach and Maxine Montgomery of Vernon, Texas; and 10 grandchildren.

She was preceded in death by one daughter, Lynette Braswell; her father, Almon Montgomery; and two brothers, Leon and Jerry Montgomery.

Arrangements are pending at Wilson Funeral Home in Fredericktown. Burial will be in Walker Memorial Cemetery in Fredericktown.

Local arrangements were handled by Werner Chapel for funerals in Pontoon Beach.

## Pauline Reading

Pauline (Herndon) Reading, 84, of Granite City died at 8 a.m. Friday, May 24, 1996, at her residence, following a two-year illness.

Born March 21, 1912, in Pارسن, Kan., she had been a resident of Granite City for most of her life.

Survivors include one son, Richard; one daughter, Shirley Williams of DeBoto, Mo.; her mother, Vernie Antell of Granite City; one brother, Kenneth Montgomery of Collinsville; two sisters, Brenda Field of Pontoon Beach and Maxine Montgomery of Vernon, Texas; and 10 grandchildren.

She was preceded in death by one daughter, Lynette Braswell; her father, Almon Montgomery; and two brothers, Leon and Jerry Montgomery.

Arrangements are pending at Wilson Funeral Home in Fredericktown. Burial will be in Walker Memorial Cemetery in Fredericktown.

Local arrangements were handled by Werner Chapel for funerals in Pontoon Beach.

## •Accident—

(Continued from Page 1A)

taken to the emergency room at St. Elizabeth Medical Center before being flown to St. Mary's by helicopter.

Witnesses told police Sellers had skipped some afternoon classes and may have been drinking prior to the accident, a police report states.

Chaulsett said he was driving his white 1987 Ford F-150 pickup northbound on the parking lot behind the school with Sellers and an 18-year-old girl in the rear. When Chaulsett turned left out of the parking lot at the Fehling Road exit, Sellers fell from the truck, the report states.

Monitors at the GCHS parking lot said they had seen Sellers riding in the bed of the pickup just moments before the accident and told him to get in the cab. Sellers had complied, they said.

Sellers was a three-time all-conference wrestler for the Warriors and qualified for the state tournament the last two years of his career.

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LC Funeral  
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Members of Local 525

A cook with Granite City School District 8 for many years prior to her retirement in 1977, she was a member of Calvary Baptist Church in Granite City.

Survivors include one son, Wayne Reading of Martinez, Calif.; one daughter, Rhoda Pack of Granite City; two brothers, Virgil Herndon of Edwardsville and Joe Herndon of Lake of the Ozarks, Mo.; one sister, Maxine H. Davis of Granite City; 10 grandchildren; and 16 great-grandchildren.

She was preceded in death by her husband, Robert E. Reading, whom she married June 23, 1934, and who died in 1974, one daughter, Barbara Hinson; her parents, Joseph and Ida (Pruitt) Herndon; two brothers, Russell and Lester Herndon; and one sister, Jerry Hines.

Services were Tuesday at Irwin Chapel in Granite City with the Rev. Fred Boatright officiating. Burial was in Lake View Memorial Gardens in Fairview Heights.

Memorials to the donor's choice are suggested.

Elmer Graff

Elmer Graff, 91, of Belleville, formerly of Granite City, died at 7:17 a.m. Friday, May 24, 1996, at Notre Dame Hills Living Center in Belleville after being ill for several years.

He was a foreman with Terminal Railroad.

Mr. Graff was a member of Laborers' Local 397 and of the Protestant faith.

Survivors include one stepson, James Barnes of Fredericktown, Mo.; two stepdaughters, Ora Swigert of Granite City and Bonney Raney of Mobile, Ala.; and one sister, Marie Tierney of Baldwin, Mo.

He was preceded in death by his wife, Anna Mae Graff; and his parents, George and Adeline (Bröcher) Graff.

Arrangements are pending at Irwin Chapel, 3960 Maryville Road in Granite City, 831-8000.

Hardin Davis Jr.

Hardin Davis Jr., 75, of Venice died at 3 p.m. Saturday, May 18, 1996, at St. Elizabeth Medical Center. He was born in Venice.

Survivors include one brother, Amos Davis of Venice; two sisters, Ethel Williams and Alberta Bula, both of Venice; and his friend, Phillis Reese.

Services were May 26 at Officer Funeral Home in East St. Louis with the Rev. Derrick Hassell officiating. Burial was in Sunset Gardens of Memory in Milledale.

Mary Knufinke

Mary E. (Gaspard) Knufinke, 88, of Collinsville, formerly of Granite City, died at 4:28 p.m. Sunday, May 28, 1996, at her residence.

Mrs. Knufinke was born June 4, 1908, in Granite City, where she had been a resident for 60 years prior to moving to Collinsville 14 years ago.

A head librarian with the Granite City Library for 31 years prior to her retirement in 1971, she was a member of Niedringhaus United Methodist Church in Granite City.

Survivors include one daughter, Sue Hayden of Sacramento, Calif.; and one grandson.

She was preceded in death by her husband, Charles E. Knufinke, whom she married in March 1938; her parents, Gustav "Gus" and Madge (Rhodes) Gaspard; and two sisters, Jewell Frizzell and Pearl Spoluz.

Visitation is from 8 to 8 p.m. Thursday at Irwin Chapel, 3960 Maryville Road in Granite City.

Graveside services and burial are at 10 a.m. Friday at Sunset Hill Memorial Estates in Glen Carbon with the Rev. Bruce Rushing officiating.

Memorials are requested for the Hospice of Southern Illinois Inc.

Church in Granite City.

Survivors include one daughter, Sue Hayden of Sacramento, Calif.; and one grandson.

She was preceded in death by her husband, Charles E. Knufinke, whom she married in March 1938; her parents, Gustav "Gus" and Madge (Rhodes) Gaspard; and two sisters, Jewell Frizzell and Pearl Spoluz.

Visitation is from 8 to 8 p.m. Thursday at Irwin Chapel, 3960 Maryville Road in Granite City.

Graveside services and burial are at 10 a.m. Friday at Sunset Hill Memorial Estates in Glen Carbon with the Rev. Bruce Rushing officiating.

Memorials are requested for the Hospice of Southern Illinois Inc.

Herbert Fowler

Herbert J. Fowler Sr., 68, of Lake Ozark, Mo., formerly of Granite City, died Monday, May 27, 1996, at Lake Ozark General Hospital in Lake Ozark.

He was born Dec. 5, 1927, in Iron County, Mo., and had been a resident of Granite City for most of his life.

A machine operator with Union Star in Granite City for 28 years prior to his retirement in 1972, he was a member of Trinity Tabernacle Family Church in Madison and the Triple Masonic Lodge 835 in Granite City.

Survivors include one son, Herbert Fowler Jr., of Lake Ozark; two daughters, Sandra Harp of Pleasant Hope, Mo., and Linda Wilson of Belgrade, Mo.; one brother, Steven Fowler of Sullivan, Mo.; and six grandchildren.

He was preceded in death by his parents, Mitchell and Ollie (Callahan) Fowler; two brothers, Frank and Earl Fowler; and three sisters, Mary Mowry, Marcela Tinker and Lorene Lyon.

Visitation is from 8 to 8 p.m. today.

Wednesday, at Irwin Chapel, 3960 Maryville Road in Granite City, where services are at 10:30 a.m. Thursday with the Rev. Mark Skiles officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

A Masonic funeral will be held at 7 p.m. today at the funeral home.

Memorials to the donor's choice are suggested.

Ashley Rapela

Ashley Laraine Rapela, 3-month-old daughter of David Rapela and Darlene Thomson, both of Roxana, died at 2:25 a.m. Sunday, May 28, 1996, at her residence. She had been ill since birth.

Ashley was born Feb. 15, 1996, in Alton.

Survivors, in addition to her parents, include her paternal grandfather and step grandmother, Dale and Diane Rapela of Erie, Pa.; her paternal grandmother, Marge Rapela of Erie; her maternal grandparents, Eldon and Linda Thomson of Northeast, Pa.; her paternal great-grandmother, Ruth Edmonds of Watsala, Ill.; and her maternal great-grandparents, Howard and Dorothy Wilkinson of Erie.

Visitation is from 8 to 8 p.m. Thursday at Irwin Chapel, 3960 Maryville Road in Granite City, where services are at 11:30 a.m. Friday with the Rev. Jim Brant officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are requested for the Dream Factory.

Silas Abernathy

Silas Joseph Abernathy Sr., 76, of Mount Olive, formerly of the Granite City area, died at 2:11 p.m. Saturday,

May 25, 1996, at St. Clare Hospital in Alton. He was born March 29, 1921, in DeBoto, Mo.

A graduate of Blair School in north Venice, he labored for the Green Thumb Nutritional Center in Marble Hill, Mo., and was a bus driver for many years in Sparks, Nev.

An avid reader, he was a member of the Mount Olive Library and a Korean War Army veteran, serving as sergeant first class.

Survivors include his wife, Lorraine (Gage) Abernathy; one son, Silas Joseph Abernathy Jr., of Los Angeles; two daughters, Alice Palmer of Grass Valley, Calif., and Linda Rutman of Hamburg, Mich.; two brothers, Lee Abernathy of Granite City and Orville Abernathy of Marble Hill; seven grandchildren; and six great-grandchildren.

He was preceded in death by his first wife, Hildagard Abernathy; his parents, Peter Marcus Abernathy and Clara Ruth (Shelton) Abernathy; and three brothers, Fletta, Homer and Donald Abernathy.

No services are scheduled.

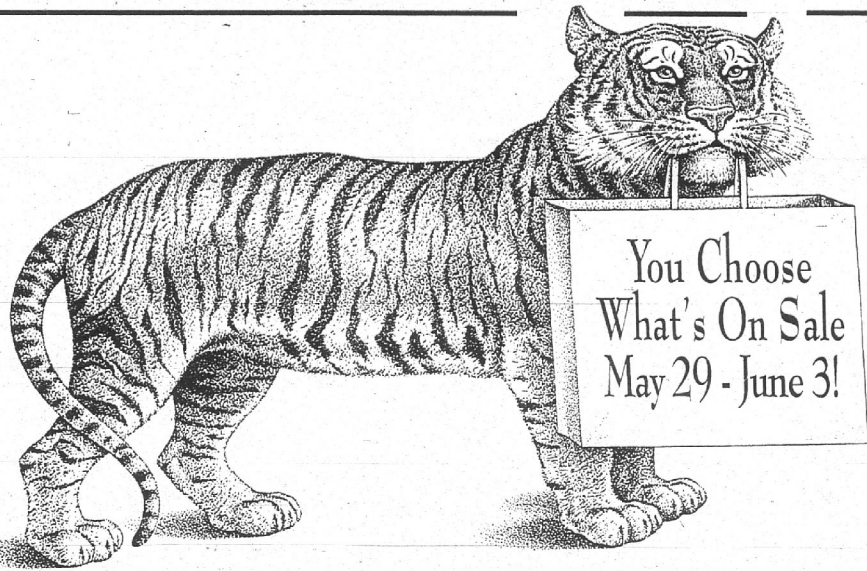
Mrs. Abernathy's remains were cremated. Arrangements were handled by Becker and Son Funeral Home in Mount Olive.

Memorials are requested for the Mount Olive Library.

## Carnival set

Granite City Foursquare Church will hold a church carnival from 10 a.m. to 5 p.m. June 8 at Wilson Park. Games and food will be available.

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Thursday, May 30 at 3:30 p.m.

Friday, May 31 at 10:30 a.m. and 5 p.m.

Saturday, June 1 at 5 p.m.

Sunday, June 2 at 12:30 p.m.

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# •Students

(Continued from Page 1A)

the project for at least the next year.

"We're doing murals based on different cultures," he said. "Once we get through the Egyptian section we're going all the way down (the hall) to the Native American section."

"We want to go into Native American art, European art, African art, Asian art... We want to try to get as many groups as we can."

He said the Egyptian section should be complete by the end of this year, and they will start with Native American art in the fall.

Byrd said the project may take several years "because I want some quality."

In addition to painting, Byrd said he hopes

his students can start to work on some other mediums next year.

"Material is expensive," he said. "It limited us as far as other things we want to do. This year we focused on paintings and drawings."

"In the fall we may do just a little bit of painting, and then move to another area like sculpture or ceramics," he added.

Byrd said he wants his students to produce work that can stay as permanent exhibits at the school.

"So that when students come back they can see their work," he said. "That's a compliment in a way. It's not like they're losing something; they're leaving a part of themselves behind."

# •Art

(Continued from Page 1A)

"I think it builds their confidence up. I have one student who told me art is the only class he loves coming to, other than that he would skip all the other classes."

"It helps him," Byrd said of the student. "I think it may be the only class he's passing."

Byrd's concerns with his students go beyond the classroom.

"There are so many poor kids," he said. "A lot of time they can't afford art materials to take home, and I will give them some of my own personal things to take home. If they don't get it, they will give it up, and for some of them this is their only form of enjoyment."

He also tries to show them that there is more to school than art.

"I want them to excel in the other areas too," he said. "We have kids who are scholarship material as far as art, but they have to understand that they have to pass their history and math in order to get a scholarship."

Byrd said he also appreciates the support of the board and administration.

"There are not too many schools that will just let you paint on the walls," he said.

"They like what they see," Byrd said the students' work has also attracted attention from other students.

"They want to see what we did today," he said.

Byrd pointed out that students have also shown pride in the school's artwork.

"Out of everything we've done in the last few years, no one has defaced any of the pictures," he said. "That's positive."

"We took a chance when we did that large Trojan in the hallway," he said. "Someone said they're going to tear that thing down and nobody has touched a thing."

In addition to overseeing his students, Byrd is also busy with his own work.

"My specialty is painting and drawing," he said. "A lot of pen drawing, a lot of oils and acrylics."

Although he always liked drawing, Byrd said he never took any art classes until going

"We have kids who are scholarship material as far as art, but they have to understand that they have to pass their history and math in order to get a scholarship."

— Sherrell Byrd

to Southern Illinois University at Edwardsville.

"Growing up I was drawing in school," he said. "My father kept telling me 'stop this drawing, stay in your lessons.' He was right, but I still drew a lot."

Byrd said both the state of Illinois and the Veteran's Administration own pieces of his work, and in the late 1980s he was listed as one of the top handicapped artists in the country.

After graduating from high school in 1967, Byrd was drafted and sent to Vietnam in 1968.

On Memorial Day 1969 he was wounded, and then severely wounded in an explosion two weeks later.

"It was an anti-personnel mine that was detonated in my hands," he said. "I was pushing it into the ground and a friend of mine set it off."

Byrd spent a year in the hospital recovering. He lost a leg and an eye, and his right arm was severely injured.

This year his story was on "Unsolved Mysteries" in an attempt to find the friend and let him know Byrd had survived.

He found out the friend had died four years ago.

"A lot of good has come out of it," Byrd said of his injuries. "These kids have never had a handicapped teacher. We talk about my leg being gone, my arm being torn up. But it also lets them know that if I can do these things, they can do it just as well."

I try to use it as an example. "They don't realize they keep me going too," he said. "They don't know it, but they've inspired me."

Byrd said he was not always so philosophical about his injuries.

"I didn't like being around people for years after being in the hospital," he said.

However, he started attending classes at SIUE in 1974, where he was the oldest student in his classes.

"The first two years of college, I felt grotesque from all the scars and everything from the war, and I had a dislike and distrust of people," he said.

Although he has gotten over that, Byrd said the war is still an important part of his life.

"A lot of my artwork still focuses on the Vietnam war," he said. "I think it's hard to get out. It's almost like I want people to understand it's not as easy to shake as it seems, even though it's been 26-27 years."

"In my case I can go home and take off my leg and Vietnam is still there."

He considers himself lucky that he didn't lose his arm.

"If I had lost that, I don't know what I would have done," he said. "I'm still able to use it, but it's limited."

Byrd lives in Belleville. He and his wife, Maurine, have been married 25 years, and have three sons, two of whom are in college.

"She tries to tell me to slow down a little bit because the leg gets infected sometimes," he said. "So I'm a mother-hens me a little bit."

He said his wife has also been supportive and understanding about his relationship with his students.

"She understands that students who have personal problems are free to call me, and they do," he said.

Byrd is also a Baptist minister who has served as an associate pastor in several local churches.

"The students seem to respect me as a minister too," he said. "I always try to conduct myself in the right manner, and then pay as much respect to people as I can."

"The students wonder why I don't get angry," he added.

"I used to," he said. "I taught at Loyley for three years, and at that time the war was even fresher, so I was a very hard person, but I've changed...I've changed."



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**Early Pregnancy Class**  
This class addresses the questions that all expectant couples have concerning the early months of pregnancy. You will learn about baby's growth and development, physical and emotional changes during pregnancy, nutrition for a healthy pregnancy, the breast or bottle-feeding decision and preparing for childbirth. Classes meet from 7 to 9 p.m. on the first Monday of every other month beginning in January. Call 257-5649 to register.

**Prepared Childbirth Classes**  
This series of four classes provides information about the labor and delivery experience as well as the birthing options available at Memorial Maternity Center. Participants are encouraged to register before the fifth month of pregnancy and

attendance is limited to those delivering at Memorial. There is a \$25 per couple fee. Call 257-5855 for class dates and times.

**Childbirth Refresher Class**  
The Childbirth Refresher Class is designed to give experienced parents updated information about the latest trends in labor, delivery and newborn care. Limited to those who will deliver at Memorial, this class is held from 7 to 9 p.m. on the first Monday of the month. \$5 per couple fee. For more information, call 257-5855.

**Prenatal Breastfeeding Class**  
This class is designed to provide information to those who are considering breastfeeding their baby. The class meets from 7 to 9 p.m. on the second Wednesday of every month. For more information, call 257-5855.

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**Breastfeeding Help for New Mothers**  
This service addresses concerns you may have about breastfeeding after you're discharged from the hospital. Information and support will be provided for those crucial early days and weeks of nursing a newborn. There is no fee for this service, and babies are welcome. Call 257-5855 to contact the nurse educator or to schedule a help session.

**Cesarean Birth Class**  
This class will prepare you for the cesarean birth experience. A video presentation and discussion will help you prepare for your planned cesarean section. Held on the fourth Tuesday of every other month from 7 to 9 p.m., there is a \$5 per couple fee. For more information, call 257-5855.

**Baby Care and Parenting Classes**  
This two-session program teaches you how to care for, play with and protect your infant from birth to age 12 months. Topics presented include: newborn care, infant feeding, baby bathing, when to call the doctor, home and toy safety, returning to work, finding a good babysitter and

traveling with baby. Held from 7 to 9 p.m. on the third and fourth Wednesday of every month, this class has a \$5 per couple fee. Call 257-5855 to register.

**Sibling Class**  
Memorial Maternity Center offers a Sibling Class to make it easier for big brother and sisters to prepare for and accept a new baby. This class is designed for children ages 3 through 12 and meets from 7 to 8:30 p.m. on the first Monday of each month. Limited to children whose sibling will be born at Memorial Maternity Center. \$2 per child fee. Class size is limited and reservations are requested. Call 257-5855.

**Grandparents Class**  
This class acquaints grandparents with recent changes in childbirth and infant care practices. It discusses what it means to be a grandparent in today's world - how grandparents can positively support and influence their children and grandchildren. The class meets from 7 to 9 p.m. on the first Monday of every other month beginning in February. Class size is limited and reservations are requested. To register, call 257-5855.



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Belleville, Illinois 62223  
(618) 233-7750

# Davis

(Continued from Page 1A)

also said they agree with me," Davis said. Davis said he has not received any calls from constituents criticizing him for his heated calls for Daniels to investigate the Gray photo. "I think people realize I did the right thing by exposing it and I don't think you'll see any more of it going on," Daniels alleged the photo came from Democrats themselves. "Why would I call for an investigation if we did it?" Davis asked. "I have no doubt this is a retaliatory measure by Daniels. I would think he would be a little more thick-skinned." School funding legislation was altered by Daniels to remove an amendment that would have provided about \$400,000 for Wood River-Hartford Elementary and East Alton-Wood River school districts. The funds were intended to help the districts recover from tax losses at area refineries. Mihalich said he thought Daniels opposed the amendment because he didn't want to open the flood gates for other school districts to seek extra funding. "I don't think (Davis) was singled out and I don't think the rejection of the amendment was aimed at Steve's district," Mihalich said. "I really don't know if I would have voted for or against it," he said of the amendment. "This is only \$400,000 out of a \$5 billion education budget and it's certainly not out of line," Davis said. Davis also disputed charges by a Daniels spokesman that he had not worked to pass the bill. While saying Sen. Evelyn Bowles, D-Edwardsville, "did a great job" in getting the amendment passed in the Senate, Davis said "I was actually involved in this from the get-go."

— From The Telegraph

# Home

(Continued from Page 1A)

Corporate Counsel Mark Spengler, who handles most of the city's demolitions, said it would be preferable for the property to be repaired and put back onto the tax rolls than be demolished. He said demolished buildings also creates a safety hazard and liability for the city. In a related matter, the city received a letter from Robert

Luken of Alton, who is one of the lien holders. He asked if the city was interested in buying out his interest in the property. While city officials said they had no interest, the request was referred to Nighohossian.

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- **SKIN CANCER SCREENING**, Thursday, June 6, 6-8 p.m., by appointment. Exams conducted by dermatologist Dr. Steven Musick and plastic surgeon Dr. Bjong Tschoe. To schedule an appointment for this free screening, call extension 1575.
- **SENIOR HEALTH FOCUS** - "Managed Care and Medicare," Tuesday, June 11, 2 p.m. - St. Elizabeth's Hospital's Managed Care Analyst Linda Krausz will discuss an overview of Managed Care with emphasis on Medicare. A question and answer period will follow the discussion. To register, call extension 1575.
- **SENIOR AEROBICS** - 10-week chair exercises/light aerobics, Tuesdays and Thursdays, June 11 - August 15, 9-10 a.m. Physician consent is required. To register, call extension 1156.
- **WEIGHT-TO-GO Program** - Six-week weight control program for children ages 6-12, Wednesdays, June 12 - July 17. Children and parents learn the basics of good nutrition and exercise. The development of self-confidence is strongly emphasized in this program. To register, call extension 1156.

To register, call 234-2120 and the extensions shown above.

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UNITY HEALTH NETWORK

# •Road

(Continued from Page 1A)

Relocation of the Ameritech cable could have cost as much as \$500,000 and delayed the project eight to 12 months. As an alternative to a year-long delay, Sheppard Morgan & Co. Inc., the engineering firm that designed the project, agreed to redesign the storm sewer — at no charge.

"We've had a tremendous spirit of cooperation by the utility," City Attorney Leo Kozzen said.

The busy road is one of only a handful of east-west traffic arteries in the city. During previous phases of the Pontoon Road improvement, several business owners complained that when construction shut down for the winter.

Maryland Manor Apartments, St. Elizabeth Catholic School and Church, Farm Fresh milk store, Brenda's Restaurant (formerly Ervay's), Len's Service Station, Thomas Memorial Mortuary and several law offices, hair styling salons, insurance agencies, accounting and real estate firms and other businesses are located along Pontoon Road within the project area.

Enjoy the beauty of  
**Hanging Gardens!**  
Tips from the experts at

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Where Beautiful Things Begin

**H**anging gardens have been gracing home interiors and outdoor landscapes for years. They're beautiful, easy to create and best of all, don't take up much space. You get all the beauty and still have your tables and countertops free. A hanging basket of plants can transform areas from drab and boring to cheerful and pleasant.

The outdoors provides a myriad of places for a potential hanging garden. Tree limbs, overhangs and deck railings are but a few. If you're somewhat handy with a saw and 2x4 lumber (or know someone who is), you can create your own sturdy plant-hanging supports and place them anywhere you want.

Unfortunately, one of the big mistakes made in hanging plants is not anchoring them securely. Plants weigh more than many people realize, and if they're not properly secured, they'll come crashing down. And, understandably, when it happens, people are reluctant to try it again.

Securing heavy objects to walls and ceilings is not difficult at all when you know what's involved. Here's all there is to it.

First of all, forget about all the various types of wall anchors available. These are fine for small, lightweight objects, but they simply won't hold anything heavy on a plaster wall, at least not for any length of time. The proper (and only) way to secure a heavy object is to attach it directly to the wall studs or ceiling joists, using good wood screws of the proper length.

To locate a wall stud along an interior wall, simply tap on the wall with your finger. You'll probably hear a hollow sound. Tap along the wall until you hear a solid sound, which indicates the presence of a stud. Studs are normally spaced every 16 inches, but don't take anything for granted. If it's the original wall, the studs should be where they're supposed to. If the wall was added later, however, they may not. Exterior walls are a little more difficult, since insulation packed in there doesn't produce the same

hollow sound. If you prefer, you can purchase a stud-finding device at a hardware store.

The ceiling joists present a slightly different situation. They may be farther apart than 16 inches, so you'll have to locate a couple to determine their spacing.

As we said, use screws, not nails. The drywall or plaster in the home is usually a half-inch thick, and you'll want the screw to penetrate at least an inch into the wood. And don't forget the thickness of the plant hanging bracket. A wood screw at least two inches long is ideal.

Plants can be hung virtually anywhere, but there are some exceptions. For example, a hanging plant directly above a computer, VCR or CD player probably wouldn't be a great idea, since there's always a chance of some water spillage. You wouldn't want them hanging in the way of people's traffic, either. But other than that, there are far more good places for plants than poor ones.

Don't forget that plants need light, so locations near windows are excellent. Fluorescent plant lights are available for those in locations that don't receive enough natural light.

There are a wide variety of plants and containers available, stop at a Frank's store and take a look. Hanging gardens are an excellent way to beautify and liven up your home, indoors and out. We think you'll agree!

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# Air Show '96 set at Scott Base

By Deb Cooper  
Staff writer

Scott Air Force Base will open its gates to the public June 1-2 for Air Show '96 — A Memorial Day Salute.

"We will have a variety of aircraft on display that showcases aviation as a whole," said 2nd Lt. Jim Fuchs of the 375th Airlift Wing Public Affairs Office.

In past years, more than 200,000 people have attended the annual event, said Fuchs. "This is traditionally the kick-off for the summer. There is plenty of free parking and

all of the events are free, too," he said.

June 1 and June 2, the gates open at 8 a.m. Aerial performances begin at 11 a.m.

Opening ceremonies will include a fly-by of C-9/C-21 aircraft and a flag jump by the Air Force Academy Wings of Blue parachute team.

Vintage military aircraft performances by a MIG-17, F-86 Sabre and Buckner Jungman will follow.

Civilian aircraft including the Star Aerobatics, Pepsi Skywriter, Pepsi Skydancer, Bud Micro Jet and Freebird Airshows will perform.

A show by the Air Combat Command's F-15 demonstration team will be next and be followed by the CF-18 Hornet, KC-130/CF-18 refueling simulation and the Spanish Seta.

The B-1 and B-2 bombers and the F-117A will have fly-bys. The last performance will be the Wings of Blue.

June 2, the same schedule will apply, however, the bombers will not perform.

In addition, visitors will get a chance to see a variety of aircraft on static display. From the Air Mobility Command, there will be C-5,

C-9, C-17, C-21, C141, KC-10, KC-135 and UH-1N aircraft. An Airbus 300 from Federal Express will be displayed, as well as a Civil Air Patrol Cessna 172 and Canadian Air Force CT-14.

The following aircraft from ACC will be displayed: A-10, B-1, C-130, F-15 and T-38. From the Air Education Training Command, there will be T-1, T-37 and T-38 aircraft.

In addition, the Navy will have an F-14 and P-3 displayed. The Army will have AH-64, CH-47, OH-58 and UH-60 for viewing.

A variety of vintage aircraft, including BT-13, C-47, C-121, L-4, MG-15, Newport 17, F-51, R-22 helicopter, SNB-1 Stearman, T-6, T-28 and Trader will be on display.

If you don't want to fight air show traffic, sit back, relax and take express bus service to the event.

St. Clair County Transit District will offer bus service both days from the St. Executive Office Park, Salem Place and Executive Park Drive, and Belleville Area College, 2500 Carlyle Rd.

Buses will leave these locations beginning at 8:30 a.m. and continue throughout each day.

## Sometimes time doesn't heal all wounds...

### Memorial's Wound Care and Limb Preservation Clinic can help.

Memorial's Wound Care and Limb Preservation Clinic specializes in caring for people with chronic, non-healing wounds of the legs — a significant health problem in the United States.

Among the most common problems treated in the Wound Care and Limb Preservation Clinic are:

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- Leg Ulcer - from narrowing of the arteries causing reduced blood flow in legs.

#### Services offered

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- Wound Evaluation
- Wound Treatment
- Education and Prevention

Vascular and plastic surgeons evaluate your wound and formulate an individualized treatment plan. Other physician specialists are consulted as necessary. Fees are charged according to the extent of services received.

#### For an appointment

Call Memorial's Marsh Cardiovascular Unit at (618) 257-5036. The Wound Care and Limb Preservation Clinic is held on Tuesdays from 8 a.m. to noon in Memorial's Physical Therapy Department.



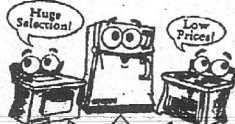
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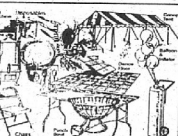
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Friday, May 31 - 2:00 P.M. & 7:00 P.M.  
Saturday, June 1 - 2:00 P.M. & 7:00 P.M.  
Sunday, June 2 - 2:00 P.M. & 7:00 P.M.  
Monday, June 3 - 2:00 P.M. & 7:00 P.M.  
Casino Queen - Parking Lot - East St. Louis  
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Monday, June 10 - 3:00 & 7:00 P.M.

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## **Horoscope**

Wednesday, May 29  
Recent astrological shifts have made it easy to enjoy the lighthearted merriment of the Gemini sun. With Mercury now direct in task-oriented Taurus, put your ideas out to the group

and they will be methodically completed by the goal date. Those searching for a direction will find one from joining with a friend. The Libra moon favors research and conversational exploration.

ARIES (March 21-April 19). Communication keeps romance alive. Immediate surroundings and atmosphere greatly affect productivity on the job. Play

nurse to a sick friend or relative. Handle a delicate issue with sensitivity. Cover a check.

(See HOROSCOPE, Page 10A)

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Cake  
Rice Krispy Treats  
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## Panama remembered for beauty

Paul McDowell, of Florissant, has vivid memories of Panama and the Panama Canal.

McDowell lived in the Panama Canal Zone.

"I could look out over the Miraflores Locks at the massive ships as they were raised or lowered to get ready

for their entrance or departure from one side of the isthmus to the other," McDowell said.

"I remember that instead of winter and summer, there were rainy and dry seasons," he said. "There were beautiful orchids and flowers, also lemon, lime, banana and coconut trees."

McDowell, who has been an executive chef for more than 50 years, said he would like to return to the Panama Canal Zone for a visit.

"My knowledge of food began in that area and in South America," he said. "The leisurely pace of the people who live there, the food, music and way of life, was very quaint," he said.

A trip through the Panama Canal is the highlight of the Journal Grand Adventure Panama Canal Cruise, the latest sea journey arranged by Altair Travel and Cruises and sponsored by the Suburban Journals.

An 11-day adventure aboard the Star Princess cruise ship begins Sept. 29 in Acapulco, Mexico, and features a day-long transit of the Panama Canal.

In addition, there are ports of call at Puerto Caldera, Costa Rica; Cartagena, Columbia; and St. Thomas, U.S. Virgin Islands, before the cruise ends Oct. 10 at Fort Lauderdale, Fla.

A shore excursion in Costa Rica includes an inland visit to San Jose, a trip to a national forest (the Cararra Biological Reserve) or shopping in the town of Sarchi, known for its native handicrafts.

The Panama Canal is the big attraction, though. The man-made canal is 50 miles (80 kilometers) long, and some of the waterway was cut from solid rock. The canal gives passage between the Pacific and Atlantic oceans to all types of vessels, from massive oil tankers to the Queen Elizabeth II.

Completed in 1914, the Panama Canal handles more than 13,000 ships a year under the flags of about 70 nations. In fact, ships from all over the world are built to fit the canal's three sets of double locks.

A cocktail party aboard the Star Princess for the Suburban Journal group is featured as part of the Grand Adventure Panama Canal Cruise.

Round-trip air fare is included. Cruise prices start at \$1,951 per person.

For more information, or to reserve a trip on the Journal Grand Adventure Panama Canal Cruise, call 919-3500.

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2 DR, 1-OWNER WAS \$3,495  
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**Hwy 50 at I-64**

# LOCAL NEWS

## •Horoscope

(Continued from Page 8A)

**TAURUS** (April 20-May 20). Put a friend's needs first. Avoid getting committed to too many projects at once. A general discussion helps colleagues articulate their ideas.

**GEMINI** (May 21-June 21). Listen to both sides of an argument before making a decision. Share your secret hopes and goals with your new love.

**CANCER** (June 22-July 22). Learn about a different culture or lifestyle. Take on additional responsibilities at the office. Respond to a persistent caller. A colleague's romantic intentions become obvious. Price vacations or transportation.

**LEO** (July 23-Aug. 22). Stop keeping your lover at arm's length when he or she wants to come closer. Admitting a weakness is ultimately strengthening. Help out an indecisive employer. Financial details must not be overlooked; be exact.

**TODAY'S BIRTHDAY** (May 29). You strut your stuff in the next four weeks and are recognized favorably for flashy efforts. A promotion comes with a higher salary in June. Reconcile with an estranged Aries or Libra by the summer's end.

**VIRGO** (Aug. 23-Sept. 22). Consider a lucrative business proposition more carefully. An old friend wants things to be as they once were. Surprise your romantic partner with a gift. Explore an educational option. Balance work and home obligations.

**LIBRA** (Sept. 23-Oct. 23). A well-timed request leads to a raise or bonus. Avoid backing down once the pressure is on. Divide duties evenly with your romantic partner. A younger relative is in need of encouragement. Make a purchase.

**SCORPIO** (Oct. 24-Nov. 21). Sentimentality distorts reality; try to be more objective. Seize a financial or career opportunity. An admirer expresses himself or herself with gifts. Save a portion of a paycheck for a rainy day. Indulge in romance.

**SAGITTARIUS** (Nov. 22-Dec. 21). A jealous lover asks for proof of your loyalty and affection. Let your personal growth take priority over your financial growth for the time being. Investigate a colleague's suspicious claim.

**CAPRICORN** (Dec. 22-Jan. 19). Job hassles cease when higher-ups delegate more responsibilities. Stick to a challenging assignment. Indulge your romantic partner's whim. Organize family finances. Avoid keeping secrets from close friends.

**AQUARIUS** (Jan. 20-Feb. 18). A second opinion brightens your prospects and lays old notions to rest. Boredom on the job signals the need for a change. Insist on honesty from a love interest who likes to play games. Be discreet about your finances.

**PISCES** (Feb. 19-March 20). Confidences are revealed at family get-togethers. Salvage good ideas from a project that has failed. Low expectations can only lead to poor results at home or on the job. Deposit special funds. You have luck in love.

## GRAND OPENING

**Greater Glory Family Worship Center**  
Sunday, June 2nd • 10:30 AM  
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A Church for the entire family.  
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Includes 6 high-back chairs with cushions, 6 place mats, 27" x 54" rectangular table and 7-ft. umbrella with base. 44731  
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Every Living Room Reduced!  
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• Tables • Chairs • Benches • Seating • Open Stock (various) AND MORE!

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## FINAL WEEKEND! DOUBLE-BONUS MATTRESS SALE!

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On All Sets Priced Up To \$499! On All Sets Priced Over \$500!

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**Plus... 20% To 70% OFF**  
Our Everyday Low Prices in THE BUDGET SHOP!

**United Untouchables**  
Team of the Week  
Page 28

**Soccer sectional**  
championship results.  
Thursday

# Dangerous Lady Warriors blast through sectionals

**By Rob Raphael**  
Staff writer

The Granite City Lady Warriors scored twice in the first and three times in the second half last Thursday to put away the Belleville East Lancers 5-0 and advance to the sectional final last Saturday in Collinsville.

The outcome of the finals was unavailable due to the early holiday press time. Granite City was to meet Collinsville, who pulled a slight upset by taking out O'Fallon 1-0 last Thursday night.

But the story of the sectional semifinals is that the Lady Warriors continue to improve. They are becoming more and more dangerous off the restart, which is making them a very dangerous group.

The young Lady Warriors, if they were to defeat Collinsville, would come home to play in the Class AA Super-Sectional last night (Tuesday).

"Beating a good East team 5-0 is a good game for us, because they were having a good year," said GCHS coach Gene Baker. Belleville East finished their season under Phil Aleman 12-5-3. Granite City improved to 12-4-2 with the win.

Baker said he was happy with the way his team came out and immediately controlled the tempo against the Lancers.

"We wanted to play at our pace, and we did that," said Baker. "And we're getting better and better at those restarts, because the girls have just been around a little longer."

Controlling the pace would have been a big key to the Lady Warriors defeating the Lady Kahoks. Granite City had already defeated Collinsville twice in the conference season, so to have done that a third time would have been a feat.

Baker said he stayed around last Thursday to watch the Collinsville-O'Fallon match, and was not surprised with the outcome.

"I kind of thought that's what would happen (in that game)," Baker said. "The game was at Collinsville, and it is playoff time. That's why beating them will be so tough."

In the East game, the Lady Warriors got first-half goals from Izzy Mohsen and Michelle Montgomery.



Lady Warrior Carrie Simpson (right) looks to pass a Carbondale opponent.

"Izzy's goal was a nice head ball, then Michelle's was on the restart. She got the ball back from Connie Meyers and hit a beautiful shot," said Baker.

In the second half, all doubt was put to rest when Jamie Delbridge scored in the 50th minute. Kristin Stovall and Carrie Simpson followed with the goals which iced the cake.

Aimee Jenks scored an unsisted goal in the 100th minute to get Collinsville past O'Fallon 1-0 in double-overtime last Thursday. O'Fallon was the second seed in the sectional, and ousted the Lady Warriors in last year's sectional.

In other action from southern Illinois sectionals, Alton was eliminated by Chatham Glenwood last Thursday 3-0. Chatham is the favorite from their sectional to advance to the Granite City Super-Sectional.

# GCHS picks new volleyball coach

**By Rob Raphael**  
Staff writer

The Granite City School Board voted on May 18 to hire Amy Cole as the new head volleyball coach, replacing Cindy Gagich, who resigned to take an assistant principal position earlier this spring.

Cole, a native of Brownstown, Ill., near Vandalia, is currently teaching and coaching at Our Lady Queen of Peace school in Belleville, where she resides. Cole did not receive a teaching position at GCHS, as Gagich's former teaching spot was eliminated.

Cole said she will continue to teach at Our Lady Queen of Peace, which will have its good and bad points.

"It will be somewhat difficult, yes and no," said Cole. "I will continue to teach here in Belleville. It could make for a very busy time."

Cole will be taking her first varsity coaching job, but her volleyball experience is unquestionable.

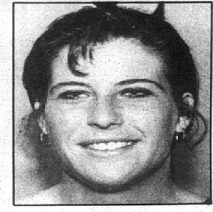
Cole attended Brownstown High School, where she was her class valedictorian, then moved on to Parkland College in Champaign. At Parkland, she was given first-team All-American and all-region NJCAA honors.

Cole moved on to the University of Missouri at St. Louis, where she garnered all-conference and all-region honors, and was named as the NCAA Division II National Player of the Year. Cole graduated Magna Cum Laude at UMKC, and also received a Division II Scholar-Athlete Award.

Cole currently teaches computer skills and physical education at Queen of Peace. She has also taught at Normandy High School in St. Louis.

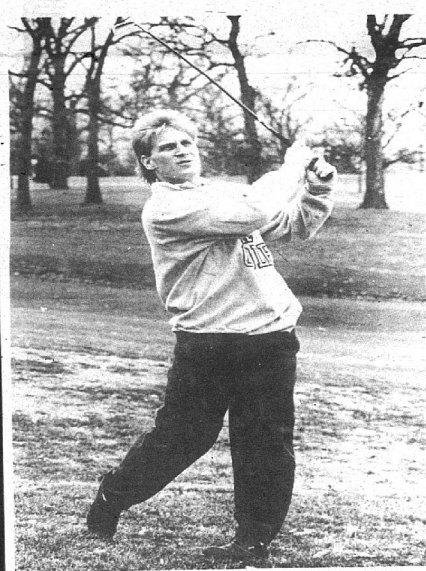
Cole said she is ready to start meeting her assistant coaches and potential players.

(See COACH, Page 28)



Amy Cole  
GCHS volleyball coach

# Hull to be featured at Clubs for Kids Clinic



St. Louis Blues forward Brett Hull will be the feature attraction at the June 25 PGA Clubs for Kids Clinic.

When Brett Hull isn't playing with the Blues, you can usually find him playing on the greens.

Hull, the acclaimed forward on the St. Louis Blues and an accomplished golfer, will be the featured attraction at the Coca-Cola Gateway PGA Clubs for Kids Clinic, set for June 25 at Buder Park. Hull will address the kids at the clinic, talking about golf and sportsmanship, and will answer questions from the participants.

The free Clubs for Kids event is one of the more anticipated events of the year for young golfers. Each child aged 6-14 who attends will receive a free golf club, a lesson from a Gateway PGA golf professional and a variety of other items.

The clinic is sponsored by Coca-Cola, the Gateway PGA, the Suburban Journals and the St. Louis County Department of Parks and Recreation.

In addition to Hull, there will be an appearance by Divot the Clown, who will entertain with a variety of golf-related skits. Jay Randolph Jr., co-host of the "Fairways and Greens" show on KTNZ-AM (590), will emcee the clinic. Fredbird is expected to roam the crowd, and the Oscar Mayer company will provide hot dogs and Coca-Cola will serve refreshments.

Buder Park is near the intersection of Missouri Highway 141 and Interstate 44.

CHECK-IN at the clinic begins at 9 a.m. Hull will start the clinic at 10 a.m., and individual instruction will be at 11 a.m. The Clubs for Kids Clinic is free, but pre-registration is needed. Youngsters can register by sending in the entry form in today's Journal. For more information, call the Gateway PGA at (314) 991-0096.

# Warriors focused to beat Edwardsville

**By Rob Raphael**  
Staff writer

The results of last Thursday's regional softball game between Granite City and Edwardsville have already been documented.

Granite City pulled a major upset when they defeated Edwardsville 3-1 in the first round of the Wood River Class AA Regional. The Lady Warriors were to move on to the second round to play Civic Memorial. In the other bracket that day, there was another upset, as Wood River defeated Triad. Therefore, the seventh seed (GCHS) and the eighth seed (Wood River) knocked the top two seeds out of the tournament.

This was cause for celebration.

"I've been on cloud nine all day," said GCHS coach Deb Germann the day after the big win. "I don't want to come down, either."

With the Lady Warriors' unpredictability this year, Germann said the right team showed up.

"I wasn't sure what would happen at first," she said. "I was so busy just getting everybody rounded up so we could make the bus, I didn't know how they'd react. On the trip up there, I warned everybody to start focusing on the game. I wondered where their heads would be. It's like Dr. Jekyll and Mr. Hyde."

But the Lady Warriors did focus, and they shocked the Lady Tigers on seven hits by pitcher Jennifer Willis. Willis struck out seven and walked two, allowing just the one earned run in eight innings.

Granite City had their chances earlier in the game, but finally moved two runners across in the eighth inning on RBI hits by Christina Greathouse and Amy Tapp.

"Timely hitting is what did it for us, as well as finally executing on the sacrifice play," said Germann. "We missed sacrifice chances early in the game, but after the second inning we executed four straight bunts. We couldn't steal any bases, though, because their catcher was too good."

After struggling for so long this year, and working hard during the entire stretch, the Lady Warriors had a little steam to blow off.

"They were hooping and hollering," Germann said. "Hey, we had a good time. The girls showed some excitement for a change. I told them two days ago I couldn't see a reason why we couldn't play two or three games and maybe even win the regional."

**Yes!** I would like to register for the Coca-Cola Gateway PGA Clubs for Kids Clinic on June 25 at Buder Park.

**Mail to:**  
Gateway PGA, 12225 Clayton Road, St. Louis, MO 63131.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Age \_\_\_\_\_ Height \_\_\_\_\_

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\*The first 35,000 fans age 21 and over with paid admission.

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Get your cooler FREE\*  
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\*The first 35,000 fans age 21 and over with paid admission.

**St. Louis Cardinals**

**Order Tickets Today 421-3060**

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# Coach

(Continued from Page 1B)  
Cole met with GCHS Athletic Director Jerry McKechnan last Thursday.

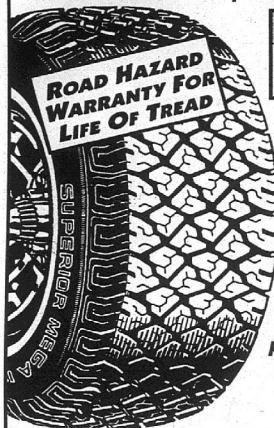
be a real challenge. I'm enthusiastic, and I hope I will be challenging the athletes, and they will be challenging me," she said.

An informational meeting for all prospective volleyball players will be held today at 3:30 p.m. in the main gym at the high school.

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## Cardinals Team of the Week



The United Untouchables '86 boys soccer team won the Mid-America Soccer Tournament last week. Team members include (front row from left) Brian Paton, Clint Galaskie, Ian Milster, Tony Gonzalez, Andy Huck and Jimmy Stranz; and (second row) Austin Sebastian, Curt Herzog, Craig Thomas, Kyle Touchette, Jesse Essenpreis, Adam Gossett and Matt Kerkemeyer. The team is coached by (back row from left) Don Kerkemeyer, Jim McFall and Jim Stranz.

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\*30 Mo. Lease: 12,000 mile/yr. \$1,500 Down plus tax, title, license & DOC fees & first payment & security deposit. Price includes discounts & college grad rebate.

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**New '96 Pontiac Grand Am GT Coupes**  
ONLY \$2618\*\* Per Mo.  
For 36 Months  
**NO MONEY DOWN\***

\*\* Payment based on '96 Grand Am GT with MSRP of \$17,284 and Sales Price of \$16,389 for a 36-month term on a GMAC approved smart buy, with 8.9% APR, \$1000 Trade Cycle Finance Assistance, \$500 Customer Cash from Pontiac and a balloon of \$909.68. \* Tax, title, license and DOC fee not included.

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**NEW '96 BUICK ROADMASTER ESTATE WAGON**  
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\$1,000 Rebate or 4.8% APR Available on '96 Regals  
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New Extended Cab Sierra  
Auto, A/C, Tilt, Cruise Cassette, Delay, 4 Wheel Anti-Lock Brakes, Air Bag, Much More.  
MSRP Value \$21,176  
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95 Pontiac Grand Prix Loaded Sk #R2851 \$12,990  
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## Track

By Rob Rappaport Staff writer

The Granite would down in a very successful campaign. The season strong showing in the boys' C held at Jordan St. Louis.

The meet featuring performance Louis Flyers, shot at taking in last weekend in Charleston, Tenn. were not available early holiday pro. But certainly, a good job in a mite sectional than that. "It was an al," said GCH Briggs, who C

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**By Rob Raphael**  
**Staff writer**

The season ended with a strong showing by many athletes in the boys' Class AA Sectional held at Jordan Stadium, in East St. Louis.

The meet featured a dominating performance by the East St. Louis Flyers, who had a real shot at taking home a state title in last weekend's state meet in Charleston. Results of that meet were not available before the early holiday press time.

But certainly, the Warriors did a good job in what was a dynamite sectional. No, even better than that.

"It was an awesome sectional," said GCHS coach Gene Briggs, who doesn't use that

word too often. "It had to have been as good as any in the state. East St. Louis is a quality team, and it was an honor to be in the same sectional and run against them.

"It was a tough, top-quality meet, it was just to be a part of it and fun to watch us have some success in it."

The Warriors did not qualify any athletes for the state tournament, so for the second straight year Granite City's Stephanie Brandt is the only athlete from GCHS to qualify for the Charleston meet.

But the Warriors did what really is important in meets like this, performing their best when it really counted. Several team and individual bests were recorded for Granite City.

The top GCHS finisher was sophomore Dane Bauer, who placed fifth in the 200-meter dash with a time of 23.1 seconds. Bauer was also a part of the 400-

meter relay team which also placed fifth at 44.0 seconds. Besides Bauer, Larry Wiegand, Curtis Howard and Steve Logan ran legs at in the 4x100.

Also finishing strong were the 800 and 1600 relay teams. The 800-meter team turned in a 1:32.9 time (seventh), with Matt Hartin, Wiegand, Logan and Shane Brown running legs.

The 1600-meter team was seventh as well, as Kelly Huckelberry, George Wolfe, Hartin and Brown turned in a combined time of 3:39.4. Also making it into the finals was Aaron Reeves in the shot put, Wolfe in the triple jump and Brown in the 100-meter dash.

One of the more competitive races of the day was the 100.

Brown's 11.1 was just off the pace, as six runners in the sectional advanced to the state tournament.

"Six qualified for state and we were seventh," Briggs said. "We had several events where we beat Collinsville for the first time, so that shows how much we improved in this meet. And we had a lot of personal bests. It

was a very competitive meet and overall a good result for us."

Briggs thanked everyone for their help during the year.

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P195/70R14	—	—	60
P205/75R14	45	51	60
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THE CITY OF GRANITE CITY, ILLINOIS WILL BE OPENING BIDS FOR THE CONSTRUCTION OF THE BUILDING A MINISTRATOR, 2000 S. ILLINOIS, UNTIL 3:00 P.M. THURSDAY, JUNE 14, 1996. FOR THE DEMOLITION OF 8011 EAGLE, GRANITE CITY, ILLINOIS.

THE BID SPECIFICATIONS MAY BE OBTAINED AT THE INSPECTION OF THE BIDS WILL BE OPENED FRIDAY, JUNE 15, 1996, AT 10:00 A.M. AT THE CITY OF GRANITE CITY, COMMUNITY DEVELOPMENT DEPARTMENT, 2000 S. ILLINOIS, GRANITE CITY, ILLINOIS. ALL BIDDERS WILL ADHERE TO THEIR SPECIFICATIONS.

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## Notice of Public Hearing

Friday, May 31, 1996 at 2:00 p.m., the Madison County Housing Authority will be conducting a Public Hearing to discuss the draft of the 1997 Commission. The hearing will be held at the Madison County Courthouse, 1600 Olive St., Collinsville, IL. The public is welcome to attend.

MAJ. SONE  
EXECUTIVE DIRECTOR  
MC442

## Journal Classifieds for Fast Results

IN THE CIRCUIT COURT  
THIRD JUDICIAL CIRCUIT  
MADISON COUNTY, ILLINOIS  
PROBATE DIVISION

IN THE MATTER OF THE ESTATE OF RUTH M. MILBOURER DECEASED

NOTICE  
Notice is hereby given of the death of Ruth M. Milbrouer, Letters of Office issued on the 30th day of April 1996 to Charles P. Milbrouer, 25 River Drive, Granite City, Illinois 62040. The estate of Ruth M. Milbrouer is being administered by the said Charles P. Milbrouer. The first date of publication of this notice, and any claim not filed on or before that date is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within ten days after it has been filed.

Dated at Granite City, Illinois, this 9th day of May 1996.  
Ivin Blake, Jr.  
Attorney for Executor  
1300 North Douglas Avenue  
Granite City, Illinois 62040  
(618) 676-6544  
GC#72

## ATTENTION: APPLICANTS OF PUBLIC HOUSING ONLY

Effective June 1, 1996, Madison County Housing Authority will accept applications for the Public Housing program at its site offices. The new schedule will be as follows:

DATE AND TIME LOCATION  
MONDAY 9:00 A.M. - 11:00 A.M. STEVENS BUILDING OFFICE 118 HALLER ST. MONROE, ILL. 62095  
1:30 P.M. - 3:30 P.M. MONROE BUILDING OFFICE 500 SOUTH AUBURN ST. COLLINSVILLE, IL 62202  
TUESDAY 9:00 A.M. - 11:00 A.M. GREINER COMPLEX OFFICE 60 DOUGLAS DRIVE MOUNTAIN VIEW, ILL. 62070  
1:30 P.M. - 3:30 P.M. SULLIVAN COMPLEX OFFICE 60 DOUGLAS DRIVE ALTON, IL 62002  
WEDNESDAY 9:00 A.M. - 11:00 A.M. OLM BUILDING OFFICE 60 DOUGLAS DRIVE ALTON, IL 62002  
1:30 P.M. - 3:30 P.M. MAY BUILDING OFFICE 60 DOUGLAS DRIVE EDWARDSVILLE, IL 62025  
THURSDAY 9:00 A.M. - 11:00 A.M. CURRAN COMPLEX OFFICE 60 DOUGLAS DRIVE ALTON, IL 62002  
1:30 P.M. - 3:30 P.M. VENICE COMPLEX OFFICE 60 DOUGLAS DRIVE VENICE, IL 62090  
FRIDAY 9:00 A.M. - 11:00 A.M. VENICE COMPLEX OFFICE 60 DOUGLAS DRIVE VENICE, IL 62090  
1:30 P.M. - 3:30 P.M. Madison County Housing Authority is operated on a non-segregated basis without discrimination based on race, color, national origin, religion, sex, handicap or familial status.  
MC#38

## IN THE CIRCUIT COURT FOR THE THIRD JUDICIAL CIRCUIT MADISON COUNTY, ILLINOIS

In the Matter of the Estate of CARL E. KOHUTH, Case No. 96-P-236

## NOTICE TO HEIRS AND CREDITORS

Notice is given to each creditor of Carl E. Kohuth that Carl E. Kohuth died on August 20, 1995. Bernadine Petro of 12582 Clifty Lane, Bridgeport, Missouri, 63041 is the representative and independent executor of the estate. The attorney for Bernadine Petro, Sharon E. Smith, Esq., is located at #11 Executive Woods Court, Suite #2, Belleville, Illinois 62221. Claims may be filed on or before December 3, 1996, which date is not less than six (6) months from the date of this notice, and any claim not filed on or before that date is barred.

Notice is also given to each creditor of Carl E. Kohuth that within 42 days after the effective date of the original order of administration by the court, the value of the estate of Carl E. Kohuth is to be ascertained by the executor of the will in open court or other evidence, as provided in section 6-21 of the Probate Act of 1975 (Formerly, Illinois Stat. 1980, ch. 110, sec. 6-21; Now, 75c ILCS 540-21 (1996)).

You also have the right under section 8-1 of the Probate Act of 1975 (Formerly, Illinois Stat. 1980, ch. 110, sec. 8-1; Now, 75c ILCS 540-8 (1996)) to contest the value of the will by filing a petition to contest the value of the will within 6 months after the date of the original order of administration by the court.

By Sharon E. Smith, #06220218  
Attorney for Bernadine Petro  
Edward & Julian, L.L.C.  
811 Executive Woods Court  
Suite #2, Belleville, Illinois 62221  
(618) 277-0700  
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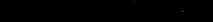
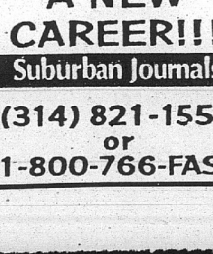
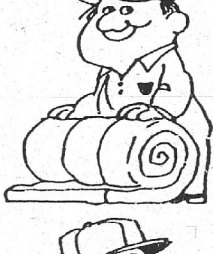
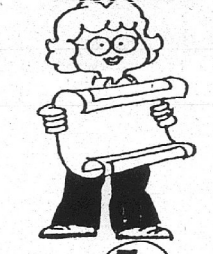
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## Sodality holds breakfast

St. Elizabeth Ladies Sodality

president Marilyn Schooley

welcomed 149 members and

guests to the annual commun-

ion breakfast May 5.

Preceding breakfast, mem-

bers of the sodality partici-

pated in the ministry of the Mass,

an offertory by officers of the

ladies sodality: Marilyn

Schooley, president; Arlene

Haldeman, vice president;

Berta Milians, treasurer;

Lillian Ropac, secretary. The

ushers were Vivian Byer, Lor-

raine Conterman, Olga John-

son, Catherine Ponce and Ger-

trude Rutkowski.

Schooley thanked Richard

Haack, chairman, and mem-

bers of St. Elizabeth's Holy

Name Men's Club.

Seated at the head table

were the Rev. Robert L.

DeGrand, the Rev. Francis

Tebangura, officers of the

ladies sodality and Mary Eva-

lyne Yench, chairwoman of

arrangements for the break-

fast.

The invocation was given by

DeGrand. Entertainment fol-

lowing breakfast was furnished

by the Claude and Glenda

Crites Comedy Team, Song

and Dance.

Attendance prizes consisted

of a hanging basket of live

pink impatiens, won by Paula

Koskie, and pink potted gerani-

ums, won by Hedy Barth,

Melanie Gensert, Murrell Har-

mon, Theresa Horvat, Candice

Johnson, Pat Loftus, Pat Mc-

teer, Anne Miller, Catherine

Ponce, Gertrude Rutkowski,

Marilyn Schooley, Jean

Schwarzkopf, Julia Sheehan,

Candy Thompson, Olga Trian,

Adele Wasylak and Donna

Yehling.

The 50/50 drawing winners

were Cindy Whitt, Pam Moran,

Julia Sheehan and Candy

Thompson.

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# Today's Food

Wednesday, May 29, 1996

## Food & Nutrition

### Wise Ways

Eat and be merry during the summer holiday season. Grill endless variety of delicious foods with safe respect.

INSIDE

### Heart-y Bites

Shower menu is sunny when sprinkled with foods that have redeeming value.

INSIDE

### Blue Ribbon Cook

There was s'more fun when Terry Fischer's friends stocked an easy snack in the cooler before they went camping.

INSIDE

### Private Label Test Run

National Super Markets come back into the private label loop with economical Hyde Park preserves.

INSIDE

### Micro Raves

Asparagus is easy to take to breakfast or brunch, as well as dinner or lunch.

INSIDE

### Lively Taste

Blend together 1/2 teaspoon each ground cumin, garlic powder, salt and cayenne pepper. Rub mixture into or shake with 1-1/4 pounds turkey tenderloin or cut-up chicken breast. Refrigerate, covered, 1 hour. Grill with vegetables on skewers. Serve with honey-mustard dressing or sauce.

## Health & Fitness

### Medicine Chest

Rebecca Coley gives news and previews about treating osteoporosis, particularly among women.

INSIDE

### Fresh Picks

It's corn-on-the-cob time. Corn stays fresher when picked in the husk, so peek inside to make certain the cob is well-covered with plump kernels. Silk ends should be free from decay, husks fresh and green. Refrigerate corn in husks and use as soon as possible.

### Big Fat Tip

Lunch the light way. Here is one suggested from Farmland Foods for the '90s-smart eater. Place 1 of 2 slices low-fat whole wheat bread or whole grain roll on cutting board. Spread with 2 teaspoons sweet honey mustard. Top with 2 slices fat-free, oven-roasted turkey breast, 2 lettuce leaves (red or green leafy), 2 or 3 slices fresh tomato, 1/4 cup alfalfa sprouts and 4 to 6 thin slices cucumber. Spread remaining slice of bread with 2 teaspoons fat-free mayonnaise. Place on top. Cut diagonally. Makes 1 sandwich; 188 calories, 14 g protein, 31 g carbohydrate, 1 g fat, 20 mg cholesterol and 985 mg sodium. Serve with bag of pretzels. To keep cool, pack with frozen pouch of orange juice.

### Future Shop

Coupons, as now known, may be the horse-and-buggy of promotions. It may be hard to dislodge the average 3,400 coupons intended for each household per year. However, other options, like in-store sampling, get much higher respect — and more sales per effort — than coupons sent to the masses. Specialized coupons are available on the Internet by going to <http://www.hot-coupons.com>; entering desired ZIP code or geographic area; then entering a category, such as restaurants, car service, etc. Click search for coupons to get local advertisers and get coupons for national advertisers. Click on the advertiser's name and print the coupon.

## GRILL 'EM UP

By Janice Denham  
Staff writer

It's high time for summer foods. Even cooks who grill year-round change accompaniments to reflect the seasons.

Side salads -- potato, pasta, rice, greens, cabbage or fruit -- take a decidedly cool path to the plate; make-ahead drinks range from pitchers of iced tea and lemonade to frothy frappes, and dessert is light and fruity.

These turkey kabobs sweetly blend with more pungent flavors, but are cooked quickly for a family meal

or accumulated group when children's friends camp out at dinner time. Use any leftovers as topping for pizza, salad or pasta.

Thai Noodle Salad can be served on the side, but also stands on its own as a flavorful lunch dish. Any type of firm curly noodle can be used. It keeps in the refrigerator and travels well when chilled. Do not be afraid to

SEE GRILL, INSIDE TODAY'S FOOD PAGE 2

### Polynesian Turkey Kabobs

- 1 can (8 oz.) pineapple chunks in juice
- 2 cloves garlic, minced
- 1 tbsp. oil
- 1/3 cup Dijon mustard
- 1/4 cup honey
- 2 tbsp. teriyaki sauce
- 2 tbsp. finely chopped green onion

- 1 tsp. grated ginger root or 1-1/2 tsp. ground ginger
- 1 lb. fully-cooked turkey kielbasa, sliced 1/2 inch thick
- 2 cups broccoli florets, blanched
- 1 jar (7 oz.) roasted red peppers, cut in 2-inch pieces, or 1/2 cup fresh red bell pepper pieces

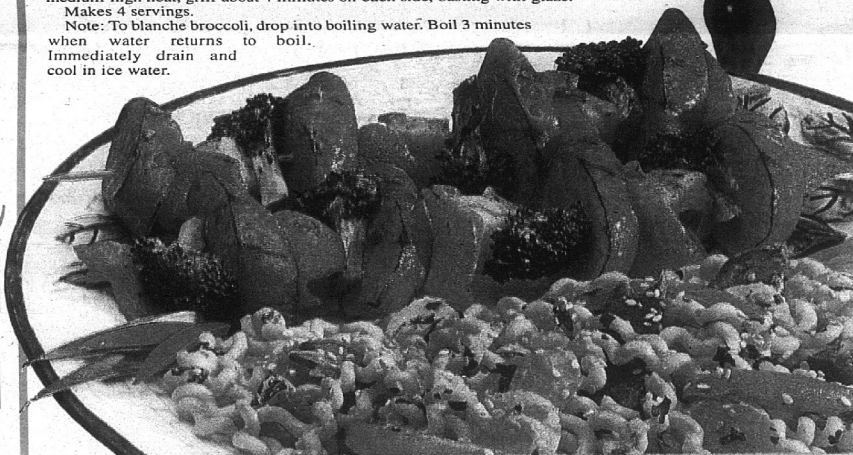
Use 10-inch skewers. If wooden, soak in water at least 20 minutes. Drain pineapple, reserving 1/4 cup juice.

In small saucepan over medium-high heat, saute garlic in oil 1 to 2 minutes. Stir in mustard, honey, pineapple juice, teriyaki sauce, onion and ginger. Heat to boil. Reduce heat. Simmer 5 minutes. Remove from heat.

On skewers, thread kielbasa alternately with broccoli, pineapple and red pepper. Over medium-high heat, grill about 4 minutes on each side, basting with glaze.

Makes 4 servings.

Note: To blanch broccoli, drop into boiling water. Boil 3 minutes when water returns to boil. Immediately drain and cool in ice water.

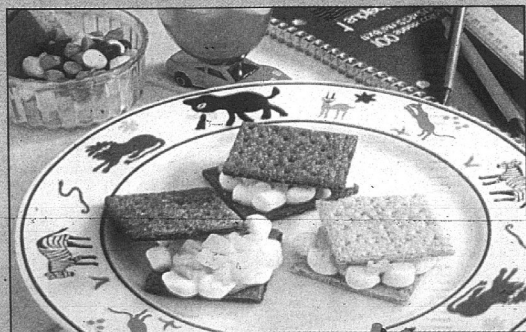


### PINEAPPLE SMORES

When kids trade in their books for a day at the zoo, plan on Pineapple S'Mores for a sweet and refreshing snack.

Arrange 8 graham crackers -- honey or chocolate -- in single layer in 8-inch square, microwave-safe dish. Evenly spoon 1 cup mini marshmallows; 2 tablespoons butterscotch, chocolate or peanut butter chips, and 1 can (8 ounces) crushed pineapple, well drained, over crackers. Microwave on high power 1 minute or until pineapple is slightly warm. Let stand 1 minute to cool. Match up 8 more graham crackers by placing on top of other squares to form sandwiches.

Individual serving: Place 2 graham cracker squares on microwave-safe plate. Sprinkle with 1/4 cup mini marshmallows, 1-1/2 teaspoons chips and 2 tablespoons well-drained pineapple. Microwave on high power 20 to 30 seconds until pineapple is slightly warm. Top with 2 more graham cracker squares.



### Kids' Cuisine

# Today's Food

## Private Label Test Run



Hyde Park preserves at National Super Markets come ready for action on everything from toast to ice cream.

## Private label at National ready to use in sweet jam

The Hyde Park private label brand offers options to shoppers at the new National Super Markets. Particularly pretty and tasty, strawberry and peach preserves deserve a second look, according to *Journal* tasters.

A 16-ounce jar of peach preserves costs \$1.69, of strawberry preserves costs \$1.79, four to five cents per ounce less than competing national brands. It caused one taster to say, "The price is right."

Although there were a few variations, strawberry jam came out the consistent winner when tasters compared the two.

"I think the strawberry has more flavor than the peach," one taster commented.

"The strawberry jam is very tasty, has large pieces of fruit, is flavorful and tastes like real berries, with not being too sweet. The peach also is not too sweet, but doesn't give you that definite taste of fresh peach, while the fruit pieces are not quite as large," another rated the two flavors.

Appearance attracted another taster.

"Both preserves have bright colors and really big

chunks of fruit. Their consistency is good, but I like sweet foods and their flavor is more sweet than fruity for me," she said.

A complaint also was made on the lack of large seeds in the strawberry flavor.

"I eat a lot of jam and less-expensive brands sometimes don't use fruit with as much quality, which means the berries in the jam can be sort of tough, like a strawberry that is thinking about becoming knotty. That sure isn't the case here. The fruit has a smooth texture and is blended into the gelled part with consistency and good fruit," she said.

A strawberry-only jam taster said, "I think I would like the jam on pancakes, since I like a lite jam or jelly instead of syrup on pancakes or crepes."

Another thought the sweetness and lack of intense flavor would blend well on peanut butter and jelly sandwiches.

At 50 calories, one tablespoon jam has 13 grams carbohydrate, 10 of which are sugars, and 5 milligrams sodium. Like with other jam, it does not have fat or protein.

## Heart-y Bites

## Bride, guests, hostess get caught in shower fun

By LIBBY MILLS

Last year my friend, June, was married. It had been a while since any of my friends were married, so I had forgotten how much fun, time, money and thought went into my own role as maid of honor. That includes giving a bridal shower.

To save on my limited resources of time and money, I went to the library for ideas. I recommend requesting the current planning books in advance, because most were checked out and I was left to review shower etiquette, games and favors, a la 1989.

There are many considerations: what the bride-to-be likes, what she needs, what other types of showers are planned, how many and who will be invited, and their dietary needs or preferences.

Equally important, I needed to consider what would be good for me. I did not want to be a super caterer or shower game ring leader, but I did want as hostess — with the guests — to enjoy the occasion. I decided simplicity was my best party helper.

Organizing a Sunday afternoon party, I opted for a simple setup of colorful plastic tableware for easy cleanup. A floral sheet provided a background for the disposables, all in colors the bride chose for the wedding. A practical white laundry basket filled with individual-wrapped guest favors made an instant centerpiece.

Because I did not know all the guests, I provided foods that would be good choices for anyone. The menu represented all sections of the food guide pyramid. It was low in fat, especially saturated fat.

I included sliced melon wrapped with prosciutto, sliced crusty baguettes, tortellini, antipasto kabobs, iced tea, lemon water or wine. For dessert, each person received 2 petit fours, so ideally there would be no leftover cake.

The menu was not complicated when divided into separate segments: • I cooked the tortellini several days ahead and kept it refrigerated. Part-skim mozzarella cheese and vegetables were cubed in

advance and marinated with pepperoncini, olives and seasonings — freshly ground black pepper, red pepper flakes, oregano, basil and garlic — which brought the appetizer kabobs to life.

• The day before the shower, I assembled the melon and prosciutto, refrigerating them in an airtight plastic bag. While this Italian sausage is expensive, only a small amount is necessary, because it is very thinly sliced. I sliced it further into strips, removing visible fat. In such a small amount, there was little sodium concern.

• The day of the shower, I arranged the melon on serving plates and sliced the bread. Skewering the antipasto took a little time, but glamorized a simple dish. Sliced lemon imparted its fresh flavor to a pitcher of iced water.

The menu proved perfectly suited to the crowd and myself. I did not hover between a buffet and the kitchen, keeping food hot or chilled. After being set out, it disappeared and I

enjoyed the party. Registered dietitian Libby Mills is a staff member of the American Heart Association, St. Louis Chapter.

## PROSCIUTTO MELON APPETIZERS

- 1/2 lb. thinly sliced prosciutto, cut in 3-by-1 inch strips, visible fat removed
- 1/2 cantaloupe (6 to 7 inch diameter)
- 1/2 honeydew melon (6 to 7 inch diameter)
- Leaves of fresh parsley, basil or mint

Chill melons. Completely peel and remove seeds from melons. Slice each half in eight (1/2-inch) wedges, then cut each wedge in half. The final portion of melon measures about 3-by-1/2-by-1/2 inches.

Wrap 1 slice prosciutto around each melon piece. Garnish with herb. Makes 8 servings; 48 calories, 4 g protein, 1.5 g fat, 13 mg cholesterol.

## Wise Ways

By CAROL SCHLITT

## Safe time makes for great fun

Nothing rounds out a summer day like a meal cooked on a back-yard grill. Warm weather extends this type of enjoyment, but it also can be a detriment unless the grill is used to avoid the growth of bacteria.

To keep the fun in the occasion, here are simple guidelines:

• **Marinating:** Marinate meat in the refrigerator, not on the counter, so bacteria don't have a chance to grow. When using a marinade mixture for a dip or basting sauce, reserve a portion in advance to avoid re-using marinade used on raw meat.

• **Precooking:** Parboiling or partially cooking meat in a microwave or conventional oven to reduce grill

ing time is safe only if the food then goes immediately to the grill.

To reheat food on the grill for flavor, cook the meat thoroughly to destroy all bacteria, then refrigerate it right away.

• **Carrying out food:** Wash any utensils and plates that come in contact with raw meat before using them for cooked foods. Keep vegetables and fruits intended for grilling separate from raw meat. No one should munch on a piece of produce that has been contaminated with meat juices.

• **Cooking food well:** Rare or medium-rare meat can harbor bacteria. Because grilled often browns meat quickly on the outside, make a small cut to check for doneness. For maxi-

mum safety, juices should run clear and the meat should be brown or gray in color, not red or pink.

• **Serving food:** Serve food immediately, so hot food does not cool enough to start bacteria growth. Perishable foods — like eggs, dairy products and meat — should not be left unrefrigerated more than two hours — total time, including preparation. If the outdoor temperature is 95° or hotter, maximum sitting time is only one hour.

• **Cleaning up:** Promptly refrigerate leftovers. Divide larger quantities into small, shallow containers so food cools quickly and does not give bacteria a chance to grow.

What's "hot" for fixing on a grill this summer?

Kingsford Co. says grilled tropical fruits are "in." Sugar in fruit caramelizes, adding unique flavor. Cut in large pieces, firm fruit — like pineapple, papaya, peach and pear — work best. Other fruit may need to be grilled in a foil packet to keep it intact.

Here is a delicious, simple grilled pineapple that will get rave reviews at the next back-yard barbecue.

Certified family and consumer scientist Carol Schlitt is nutrition and wellness educator with the University of Illinois Cooperative Extension Service at the Edwardsville Extension Center.

## \*\*\*\*\* GRILLED HERB BEEF PATTY

Form 1/4 pound extra-lean ground beef into patty 1/2-inch thick. Combine 1/8 teaspoon coarsely ground pepper, 1/8 teaspoon leaf rosemary and 1/8 leaf thyme. Gently press into both sides of patty.

Place patty on grid over ash-covered coals or on rack in broiler pan. Cook 8 to 10 minutes, turning once. Brush both sides of one slice (1/4-inch thick) onion with 1 teaspoon olive oil. After turning patty, broil onion 4 to 5 minutes, turning once. Brush onion with 1 teaspoon Dijon mustard.

Serve beef patty with grilled onion.

Makes 1 serving; 270 calories, 22 g protein, 19 g fat, 2 g carbohydrate, 209 mg sodium and 71 mg cholesterol.

## Grill

Continued from page 1C. use all the pepper sauce suggested. Saving some of the dressing for serving time gives it a smooth finish, even after refrigeration.

This parfait is a step above the sublime — strawberries sweetened with honey. It can be prepared earlier in the day before serving as a refreshing snack or dessert.

## THAI Noodle Salad

1/2 cup Dijon mustard

## Food editor claims award

Janice Denham, food editor for the Suburban Journals, recently received the Editor of the Year award from Electronic Color Editorial Services.

Denham has been food editor for almost 20 years. Prior to that, she served as editor of the West County Journal (last edition).

"This is a great credit to those people — writers, artists and editors — whose work becomes 'Today's Food' week after week in the Journals," Denham said. "We try to make the section fit the lives of those who look to us for information, inspiration and simply good eating."

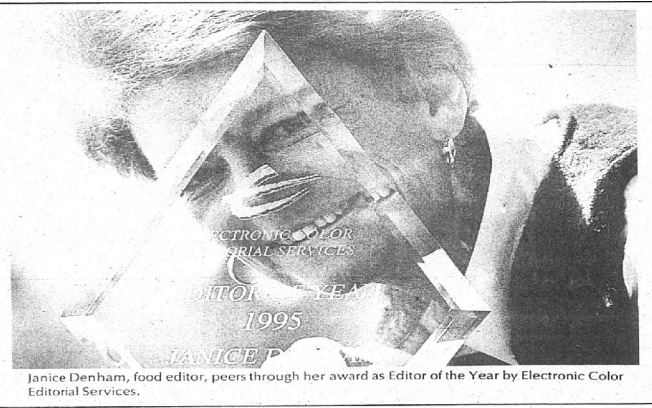
Electronic Color Editorial Services, a national distributor, has been a reliable source for beautiful color photography and recipes for many years, she said.

"It is a privilege to be partners in production with people on whom you can rely for quality work," Den-

ham said. "It is a privilege to be partners in production with people on whom you can rely for quality work."

— Janice Denham  
Journal food editor

This is the first time the editorial award has been given to a food editor. Debbie Schroeder, sales manager for Electronic Color, delivered the award. Denham was the unanimous choice, she said. In addition, Electronic Color Editorial Services uses the Suburban Journals as one of its information sources in assessing the needs of food editors.



Janice Denham, food editor, peers through her award as Editor of the Year by Electronic Color Editorial Services.

- 1/2 cup chunky peanut butter
- 1/2 cup low-sodium chicken broth
- 3 tsp. reduced-sodium soy sauce
- 2 tsp. firmly packed brown sugar
- 2 tsp. chopped fresh cilantro
- 1 tsp. freshly grated ginger root or 1 1/2 tsp. ground ginger
- 1 tsp. pepper sauce
- 8 oz. uncooked fusilli pasta in long strands or broken in 3 inch pieces
- 4 cups cut-up mixed fresh vegetables, such as

carrots, peppers and snow peas

1 can (8 oz.) sliced water chestnuts, drained

Toasted sesame seed, if desired

In small bowl, combine mustard, peanut butter, chicken broth, soy sauce, brown sugar, cilantro, ginger and pepper sauce.

In 6-quart pot, cook pasta 12 to 14 minutes in boiling water until tender.

Drain pasta and vegetables. Rinse in cold water.

- Drain well.
- In large bowl, combine pasta mixture, water chestnuts and all but 1/2 cup peanut butter. Chill 2 hours to blend flavors.
- At serving time, toss mixture with reserved peanut sauce. Garnish with sesame seed.
- Makes 6 servings.

## STRAWBERRY HONEY PARFAIT

1 1/2 cups sour cream, any

- type
- 1/4 cup or more honey
- 2 tsp. fresh lime juice or 1 tsp. grated fresh lime zest
- 2 pt. fresh strawberries
- 1/4 cup coarsely crushed Amaretto (almond cookies) or biscotti

Additional cookies for garnish, if desired

sour cream, honey and lime juice until well blended.

Reserving 4 strawberries, coarsely chop remainder to make about 3 1/2 cups. Gently fold chopped strawberries into cream mixture.

Spoon berries into four (12-ounce) goblets or serving bowls. Sprinkle 1 tablespoon cookie crumbs over each. Garnish with whole strawberry, additional cookies and sprig of mint. Serve at once or refrigerate up to 6 hours.

# Today's Food

## Blue Ribbon Cook

### Camping trip snack doubled fun of trip

Terry Fischer, Crystal City, is this week's winner of dinner certificates for the Pasta House Co. with her recipe for Dream Bars. She remembers these snacks from many camping trips when she was young. They always survived the curving, winding ride in a camping trailer refrigerator. A bonus is they need no baking. The rich filling resembles coconut pecan icing for

German chocolate cake. This is the final call for entries in the Potato Salad Recipe Contest. They should be postmarked by May 31. Send a single recipe entry to: Potato Salad Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. Any kind of picnic-style recipe will be considered to win one of the four Wednesdays in June.

Winners will be chosen on the basis of taste and eye appeal, as well as originality, although the recipe need not be original. Double-check directions and specific amounts, giving variations that individualize the recipe. If possible, tell where the recipe came from and give specific information about special touches that give it a personal signature. Duplicate entries will be

considered on the basis of earlier entry or best compliance with rules. Contest winners from each Wednesday of June may enter again six months after their prize-winning publication date.

#### DREAM BARS

Graham cracker squares  
1 cup (2 sticks) margarine  
1/4 cup milk  
1 cup sugar  
1 egg  
1 cup chopped nuts  
1 cup coconut  
1 cup crushed graham crackers

Line 13-by-9-inch baking pan with graham crackers. In saucepan, bring mar-

garine, milk, sugar and egg to rolling boil. Boil 1 minute. Remove from heat. Mix in nuts, coconut and crushed graham crackers. Pour mixture on graham crackers in pan. Cover with second layer of crackers. Cover with confectioner's sugar glaze. Refrigerate at least 2 hours; flavor best if prepared a day ahead.

## Recipe

### PLEASIN' PEAS AND POTATOES

1 can (14 1/2 oz.) chicken broth  
1 1/2 lb. small new potatoes, quartered  
2 cups peas  
1 pkg. chicken or turkey gravy mix

1/2 cup water  
1/2 tsp. garlic powder  
1/4 tsp. thyme  
1/2 cup sour cream

In large saucepan, bring chicken broth to boil. Add

potatoes. Reduce heat. Simmer 10 to 15 minutes until tender. Add peas. Cook 1 minute. Blend gravy mix with water. Stir into peas and potatoes. Add garlic powder

and thyme. Stir in sour cream. Heat through.

Makes 4 to 6 servings. Note: For a one-pot meal, add 1 cup chopped ham, cooked chicken or turkey.

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# Today's Food

## Micro Raves

By SANDRA HOUNSOM

## Fresh asparagus springs up even for breakfast

"Spring is sprung, the grass is riz, I wonder where the asparagus is..."

If anyone hasn't looked in the supermarket, it is time to run there and find it. The high season for asparagus runs into June.

Like with other vegetables, the smaller the stalk, the better the flavor. Large pieces also tend to be more woody, so harder to eat. Select small, pencil-size stalks with compact, closed tips.

To prepare, rinse them in cold water. Holding both ends of the stalk, gently bend stalk until it snaps. It breaks naturally, removing the heavier stalk.

A microwave oven is perfectly suited to cooking asparagus. Place cleaned

stalks, tip ends toward center, in oblong glass baking dish.

For up to 1 pound vegetable, add 3 tablespoons water or lemon butter sauce (¼ cup margarine or butter, melted, with 1 tablespoon lemon juice). Cover with plastic wrap. Microwave on high power 6 to 8 minutes until tender.

Stalks that look wrinkled have been cooked too long. For a variation, add 1 jar (2½ ounces) mushrooms, drained, before cooking. Sliced almonds or sesame seeds can be sprinkled over the top of this combination before serving.

While usually not considered a breakfast dish, asparagus can be an impressive eye-opener in this role. In attempting to

adapt this Southern Living recipe — "Spring Recipes, April 1996" — to the microwave, I found getting the omelet out of the pan to be the only tricky part.

If it should stick, serve it as scrambled eggs — with the asparagus and orange sauce and without apology. It is so delicious no one will guess it should have been otherwise.

Home economist Sandra Hounsom specializes in microwave cooking.

### ORANGE-ASPARAGUS EGGS

1 lb. fresh asparagus  
1 tsp. cornstarch

½ cup orange juice  
4 eggs  
1½ tsp. chopped fresh basil  
½ tsp. salt  
¼ tsp. pepper  
1 tbsp. margarine  
2 large oranges, peeled, sectioned for garnish  
Fresh basil springs for garnish  
Fresh strawberries for garnish

Snap off tough ends of asparagus. Rinse in cool water. Cut in 2-inch pieces.

Microwave in small amount of water, covered, as directed 6 to 8 minutes on high power until tender. Drain.

In 2-cup glass measure or bowl, microwave orange juice, cornstarch and ½ teaspoon basil on high power 1 to 1½ minutes, stirring after 1 minute. Cook until slightly thickened.

In glass pie pan, melt margarine. Coat side of pan with nonstick cooking spray.

Blend eggs, salt, pepper and 1 teaspoon basil well. Pour into prepared pie pan. Microwave on high power 3 to 4 minutes until set.

Carefully loosen edge of omelet and slide onto serving plate. Lay cooked asparagus on half of omelet. Fold over other half, letting tips peek out. Serve warm orange sauce over omelet.

Garnish with basil sprigs, strawberries and orange. Makes 4 servings.

## Recipe

### BARBECUE BAKED CHICKEN

1 whole chicken (3 to 3½ lb.)  
Salt and pepper  
½ cup apricot preserves  
¼ cup ketchup  
2 tbsp. mustard  
1 tsp. vinegar  
1 tsp. horseradish  
1 tsp. cinnamon

Preheat oven to 350°. Coat shallow pan with nonstick cooking spray.

Combine apricot preserves, ketchup, mustard, vinegar, horseradish and cinnamon. Reserve two-thirds of mixture for sauce, use remainder to baste chicken during baking.

Rinse chicken in cold running water. Discard or save giblets for other use. Drain. Pat dry inside and out with paper towel. Sprinkle inside and out with salt and pepper to taste.

Tie string around drumsticks. Fold wing tips under wings and tuck wings under back. Place chicken breast-side up in prepared pan.

Bake chicken in preheated oven 1 hour or until juices run clear and thermometer inserted in inner thigh

### GRILLED PORTABELLA SANDWICH

1 whole portabella mushroom cap or about 4 slices  
Olive oil  
1 hoagy bun  
1 slice Swiss cheese  
2 thin slices ham  
Lettuce and tomato

Brush mushroom with olive oil. Grill or pan-fry until brown on both sides and cooked through.

Place mushroom on hoagy bun. Top with cheese, then ham and lettuce. Spread mayonnaise on top half of bun and top sandwich with it. Makes 1 sandwich.

registers 180°. Baste several times during last 30 minutes of baking with one-third of sauce mixture. Remove chicken to warm

platter for serving. Let stand 10 minutes before carving. Heat reserved sauce to serve with chicken.

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## Recipe

### SEAFOOD CREOLE

- 1 can (28 oz.) crushed tomatoes
- 1 can (8 oz.) tomato sauce
- 1 envelope taco seasoning mix
- 2 tbsp. dried onion flakes
- 1 tbsp. sugar
- 1 tsp. vinegar
- 1 lb. frozen haddock

- 1 pkg. (10 oz.) frozen okra
- 1 can (12 oz.) frozen medium shrimp
- Cooked rice

In 4-quart Dutch oven, combine tomatoes, tomato sauce, seasoning mix, onion flakes, sugar and vinegar.

Bring to boil over medium-high heat.

Cut frozen haddock in 1-inch pieces. Slice okra. Add shrimp, haddock and okra to tomato mixture. Simmer 15 minutes or until fish flakes easily when pierced with fork.

Serve seafood creole over rice.  
Makes 6 servings.

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### LEMONY-LIGHT TARTAR SAUCE

In food processor, coarsely chop 1 dill pickle (2 inches long), sliced, and 1 green onion, cut in 2-inch pieces, using on-and-off motion. Add ¼ cup reduced-fat mayonnaise, grated peel of ½ lemon and 1 tablespoon fresh lemon juice. Cover and chill. Serve with broiled, grilled, poached or fried fish, or serve as dipping sauce for cooked shrimp or fish sticks. Makes about 1 cup.



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# Today's Food

## Medicine Chest

By REBECCA COLEY

### As women age, their low-calcium bones may break

The large number of female baby-boomers in the United States who will graduate to post-menopausal stages will continue to grow by leaps and bounds in years ahead.

It is estimated 35 million women now are at this stage of life. Of them, 8 million have osteoporosis and 15 million more are at high risk. Osteoporosis alone is responsible for 1.5 million bone fractures each year.

These fractures can occur spontaneously without any obvious trauma. Those at risk of developing osteoporosis often have a family history of the disease, had early menopause, have a small frame and are thin, smoke, have a sedentary lifestyle and have poor calcium intake or excessive caffeine intake. In some cases, long term use of some drugs, such as steroids, or diseases — cancer or kidney failure perhaps — contribute to the incidence.

After menopause, levels of estrogen decrease. More bone at this stage is lost than formed. The best prevention is estrogen replacement therapy, calcium, vitamin D and exercise. Women with an intact uterus also may receive progestin supplementation.

A new drug approved in 1995 for treatment of osteoporosis is most promising. This drug, called alendronate (Fosamax by Merck), is the first nonhormonal treatment approved. Studies indicate it can decrease bone loss and, thus, the number of bone fractures.

On the horizon is the possibility of bone density testing for more women at earlier ages to detect onset of osteoporosis in determining treatment. Most insurance companies do not cover this testing on a general

basis, so it is not yet widely used.

Early prevention is the key to decreasing risk of developing osteoporosis. The easiest way to get calcium is through eating or drinking dairy products. Anyone supplementing what they eat with calcium should check with a doctor or pharmacist to be certain they are using an effective product.

Because bone is formed during childhood and into early adulthood, a valuable contribution these post-menopausal women can make is to encourage their own children and grandchildren to use dairy and other high-calcium foods during their youth to avoid complications of osteoporosis later in their own lives.

Registered pharmacist Rebecca Coley is assistant professor of pharmacy administration at Saint Louis College of Pharmacy.

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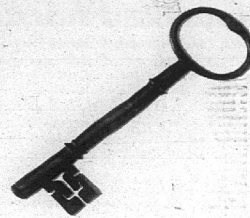
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#### FEELING FIT

By Mark Lymberopoulos

Pain is a signal. If you get a pain in one spot while you exercise, STOP. Exercising through pain may cause injury.

Low-calorie lunches are extra-appreciated in warm weather. A cup of sliced fresh fruit folded into low-fat yogurt has only 210 calories. Add a sprinkle of cinnamon or nutmeg for character.

Headache after exercising? Dehydration is often the reason. Drink more water before and during your workout.

Old folk tales say garlic will ward off evil spirits. More modern study (1989) showed that garlic is deadly to the bacteria associated with traveler's diarrhea.

When should you exercise? That depends on your metabolism, your work schedule, and your preferences. A night owl probably won't be happy jogging at 6 a.m.

Exercise on YOUR schedule at

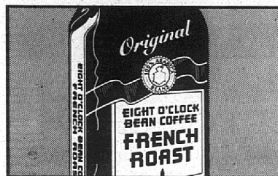
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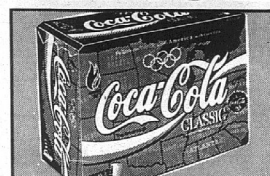
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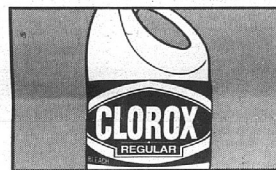
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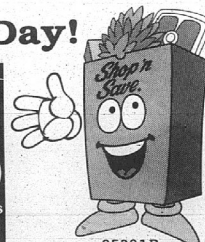
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Illinois Stores Only.  
Some items not  
available at all stores.

## Shop'n Save Liquor Dept. VALUES!



BUD LIGHT, BUD DRY,  
BUD ICE OR  
**Budweiser Beer**

**637**  
12/12 OZ. CANS



**Seagram's  
Gin**

**1099**  
1.75-LTR. BTL.

## Shop'n Save Health & Beauty VALUES!



**Crest  
Toothpaste**

**199**  
6.4-OZ. TUBE



SHAMPOO OR CONDITIONER  
**Papaya Plus**

**2/\$3**  
15-OZ. BTL.

**Busch Beer**..... **89¢**  
OUR LOW SALE PRICE \$7.79  
REGULAR, LIGHT  
OR EXTRA LIGHT  
**Pabst Beer**..... **479**  
AFTER \$3.00 MAIL-IN REBATE AVAILABLE IN-STORE  
REGULAR, LIGHT OR ICE  
**Milwaukee's Best Beer**..... **389**  
12/12 OZ. CANS

**SOUTHPAW LIGHT,  
Icehouse or  
Red Dog Beer**..... **2/\$7**  
12/12 OZ. CANS

**Miller High Life Beer**..... **899**  
24/12-OZ. CANS

**O'Doul's N.A. Beverage**..... **597**  
12/12 OZ. CANS

**Ice Breakers**..... **499**  
3-PACK

OUR LOW SALE PRICE \$2.99  
**Bacardi Breezers**..... **149**  
AFTER \$1.50 MAIL-IN REBATE AVAILABLE IN-STORE  
OUR LOW SALE PRICE 2/\$5  
**Bartles & Jaymes Coolers**..... **2/\$3**  
AFTER (2/\$1.00 OFF COUPONS AVAILABLE IN-STORE)

**Seagram's V.O.**..... **1599**  
1.75-LTR. BTL.

OUR LOW SALE PRICE \$12.49  
**Seagram's 7-Crown**..... **1149**  
AFTER \$1.00 INSTANT COUPON ON BTL.

Save an Additional \$3.00 on any  
1.75 ltr. Bottle of Seagrams with  
Mail-in Rebate Available In-Store!

**Jim Beam**..... **699**  
750-ML. BTL.

OUR LOW SALE PRICE \$6.79  
**Tosti Asti**..... **479**  
750-ML. BTL.  
AFTER \$2.00 MAIL-IN REBATE AVAILABLE IN-STORE

80 PROOF  
**Smirnoff Vodka**..... **699**  
750-ML. BTL.

WHITE OR GOLD  
**Ron Rico Rum**..... **669**  
750-ML. BTL.

**Inglonook White Zinfandel**..... **2/\$5**  
750-ML. BTL.

Please-Drink Responsibly  
Don't Drink & Drive

COMPLETE  
**Crest Toothbrush**..... **169**  
EACH

REGULAR, CLEAR  
OR PEPPERMINT  
**Scope Mouthwash**..... **289**  
24-OZ. BTL.

OUR LOW SALE PRICE \$4.99  
**Caltrate Plus Chewable**..... **399**  
AFTER \$1.00 OFF COUPON AVAILABLE IN-STORE

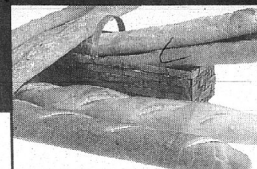
2-CT. "C" OR "D" OR  
1-CT. 9 VOLT  
**Duracell Batteries**..... **199**  
4-CT. "AA" OR "AAA".....\$2.49

**Gillette Satin Care Shave Gel**..... **199**  
OUR LOW SALE PRICE \$3.99  
FOR WOMEN

**Gillette Sensor Razor**..... **99¢**  
AFTER \$3.00 OFF IN-STORE MAIL-IN REBATE

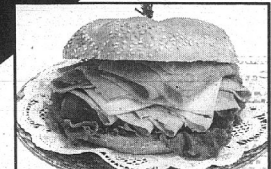
## Bakery, Seafood & Deli Dept. VALUES!

Bakery, Deli,  
& Seafood not  
available at  
all stores



FRESH BAKED  
**Twin French Bread**

**99¢**  
16-OZ. PKG.

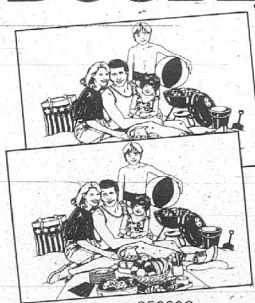


BROWNED SUGAR  
**Kretschmar Ham**

**399**  
lb.

## Shop'n Save Photo Processing

★Memorial Day Special★  
**DOUBLE PRINTS**



ANY SIZE ROLL  
UP TO 24 EXP.

**299**  
3 1/2 inch prints

•ORIGINAL COLOR-PRINT FILM ONLY

36-EXP. JUST **399**

**Cinnamon Pull-A-Parts**..... **169**  
22-OZ. PKG.

SINGLE LAYER  
**Black Forest Cake**..... **399**  
8-INCH

STRAWBERRY,  
SOURDOUGH,  
OR CINNAMON  
**English Muffins**..... **129**  
6-CT. PKG.

FARM FRESH  
**Catfish Fillets**..... **399**  
lb.

**Wisconsin Swiss Cheese**..... **399**  
lb.

ALL MEAT, GARLIC OR BEEF  
**Eckrich Bologna**..... **279**  
lb.

**Jennie-O Smoked Turkey Breast**..... **299**  
lb.

**Orange Roughy Fillets**..... **499**  
lb.

More Great Values In-Store!

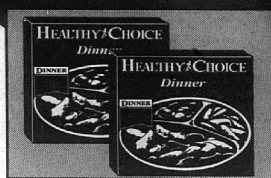
# Save You More!

## Dairy & Frozen Food VALUES!



ASSORTED VARIETIES  
**Banquet Frozen  
Family Entrees**

**1.99**  
28-OZ. PKG.



ASSORTED VARIETIES  
**Healthy Choice  
Dinners**

**2/4.89**  
9.9-19.25 OZ. PKG.



ASSORTED VARIETIES  
**Tombstone  
Pizza**

**3/9.88**  
19.4-24.3  
OZ. PKG.



INDIVIDUALLY WRAPPED SLICES  
**Borden  
Singles**

**2/\$3**  
12-OZ.  
PKG.

BUBBLE GUM, LICK A COLOR  
OR FANTASTIC FRUIT  
**Good Humor  
Popsicle.....** 6-10 PACK

**2/\$4**

ASSORTED VARIETIES  
**Stouffer's Frozen  
Entrees.....** 7-12.11  
OZ. PKG.

**3/4.95**

APPLE CINNAMON, BLUEBERRY OR  
CINNAMON TOAST  
**Eggo  
Waffles.....** 9.6-11  
OZ. PKG.

**2/\$3**



ASSORTED VARIETIES  
**Florida Natural  
Juice.....** 64-OZ. CTN.

**2/\$4**

PINEAPPLE/  
ORANGE/BANANA  
OR PINEAPPLE ORANGE  
**Dole Juices.....** 64-OZ. CTN.

**2/\$4**

**More Great  
Values In-Store!**

THESE ARE JUST A FEW OF THE 1,000'S OF  
**EVERYDAY  
LOW PRICES!**  
YOU'LL FIND!

VALUE PACK  
**Pop Secret  
Micro. Popcorn..** 21-OZ. PKG.

**2.99**

**Lipton  
Onion Soup.....** 9.5-OZ. PKG.

**79¢**

**Sunsweet  
Prune Juice.....** 32-OZ. BTL.

**99¢**

ASSORTED VARIETIES  
**Gatorade Thirst  
Quencher.....** 128-OZ. BTL.

**3.99**

ASSORTED VARIETIES  
**Smack Ramen  
Noodles.....** 9-OZ. PKG.

**8/\$1**

**Heinz 57  
Steak Sauce.....** 10-OZ. BTL.

**2.99**

**Kraft  
Barbecue Sauce.....** 18-OZ. BTL.

**99¢**

**Heinz Squeeze  
Ketchup.....** 64-OZ. BTL.

**2.99**

**QUAKER  
Captain Crunch  
Cereal.....** 16-OZ. BOX

**2.99**

**Crisco  
Oil.....** 48-OZ. BTL.

**2.49**

**Comet  
Cleanser.....** 14-OZ. PKG.

**34¢**

**Sunlight Dish  
Detergent.....** 42-OZ. BTL.

**2/\$3**

**Raid Yard  
Guard.....** 16-OZ. CAN

**4.99**

**Pet Cream  
Pies.....** 14-OZ. PKG.

**99¢**

Get a **FREE** Cardinals  
Baseball Ticket!



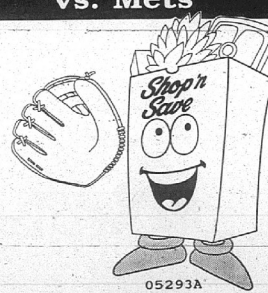
**Tickets for Sunday,  
June 16<sup>th</sup> 1:15 p.m.  
vs. Mets**



Get one \$9.50 Terrace  
Reserve Seat **FREE** with  
the purchase of another  
\$9.50 ticket and \$5.00  
Worth of Shop 'n Save  
Brand Products

### Here's How!

Present your Shop 'n Save  
receipt showing the purchase  
of \$5.00 or more of Shop 'n  
Save brand products to the  
ticket window at Busch  
Stadium. Purchase a \$9.50  
ticket and you'll receive a  
FREE \$9.50 ticket. Limit one  
free ticket per receipt. Offer  
not valid with other discounts.  
While supply lasts.



05293A

# TOTAL VALUE



USDA CHOICE CORN FED BEEF  
**Boneless Bottom  
Round Roast**

**139**  
lb.  
SOLD AS ROASTS ONLY  
LIMIT 3



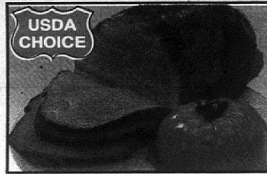
FAMILY PACK, LEAN  
**Fresh  
Ground Chuck**

**117**  
lb.

Shop 'n Save  
Pork Sausage..... **169**  
1-LB. ROLL

Louis Rich  
Turkey Bacon.... **2/\$4**  
12-OZ. PKG.

ALL VARIETIES  
Classic Delight  
Sandwiches..... **5/\$5**  
4.5-OZ. PKG.



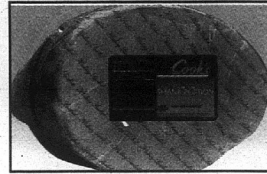
USDA CHOICE CORN FED BEEF  
**Eye of  
Round Roast**

**199**  
lb.

PRE COOKED  
Advance  
Breaded Patties... **2/\$5**  
24-OZ. PKG.

BONE-IN  
Cook's Center  
Cut Ham Steak... **259**  
lb.

BROWN & SERVE  
Swift Premium  
Sausage..... **109**  
7-8 OZ. PKG.



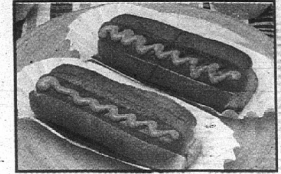
BONE-IN  
**Cook's Shank  
Portion Ham**

**89¢**  
lb.

ROPE, LINKS OR PATTIES  
Perri Italian  
Sausage..... **269**  
lb.

MAX PAK  
Eckrich  
Lunchmakers..... **3/\$5**  
9.5-OZ. PKG.

ALL MEAT  
Ohse  
Wieners..... **79¢**  
12-OZ. PKG.



REGULAR OR LITE  
**Hygrade  
Ballpark Franks**

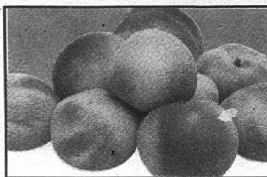
**2/\$3**  
1-LB. PKG.

AMERICA'S CUT  
Boneless  
Pork Chops..... **389**  
lb.

Claussen Mini  
Dill Pickles..... **219**  
20-OZ. JAR

ASSORTED VARIETIES  
Farmland  
Lunchmeat..... **99¢**  
12-OZ. PKG.

## Pick of the Crop Garden Fresh Produce!



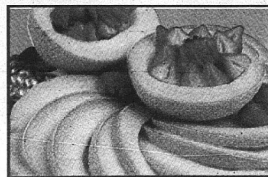
**California  
Peaches**

**98¢**  
lb.

Dole Classic  
Salad Blends..... **228**  
3-LB. BAG

California  
Green Peppers **3/98**

Dole  
Slaw Mix..... **88¢**  
1-LB. BAG



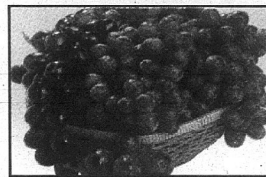
12 COUNT SIZE  
**Sweet-Ripe  
Cantaloupe**

**98¢**  
EACH

CALIFORNIA  
Fresh Broccoli **88¢**  
BUNCH

BUNCHES  
CALIFORNIA  
Green Onions **3/98**

**The Finest Quality  
& Selection!**



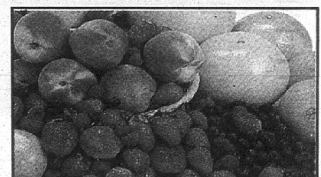
CALIFORNIA  
**Red Seedless  
Grapes**

**138**  
lb.

MANN'S  
Broccoli &  
Cauliflower Florets **178**  
1-LB. BAG

Bird's-Eye  
Veggie Dips..... **198**  
1-LB. TUB

ROASTED OR SALTED  
Gary's  
Peanuts..... **198**  
20-OZ. BAG



Try These  
Exotic Varieties!  
NOT AVAILABLE AT ALL STORES

FRESH, 14-COUNT SIZE  
Mangoes..... **2/98**

Bean Sprouts..... **78¢**  
lb.

GREEN HOUSE  
Cocktail Tomatoes **398**  
20-OZ. BAG

MELISSA  
Coquito Nuts..... **268**  
3-OZ. PKG.

MELISSA, DRIED  
Blueberries..... **298**  
3-OZ. PKG.

MELISSA, DRIED  
Cranberry..... **238**  
3-OZ. PKG.



**Shop 'n Save**  
® The more you shop the more you save. SM

S	M	T	W	T	F	S
			29	30	31	1

05294A

\* PRICES GUARANTEED THRU JUNE 1, 1996 AT ALL ST. LOUIS METRO STORES ONLY • WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS • FOR LOCATIONS CALL (314) 984-0900

Shop 'n Save  
**DOUBLE YOUR  
MONEY BACK  
MEAT & PRODUCE  
GUARANTEE  
WITH PROOF OF PURCHASE**

**FORD****KOETTING FORD****FORD****New 96  
TAURUS****2.9%  
48 mos.  
or  
\$600  
Rebate****\$168** \*\*  
per month  
24 MO. RED  
CARPET LEASE**New 96  
CONTOUR****2.9%  
48 mos.  
or  
\$600  
Rebate**

#3521

**\$163** \*\*  
per month  
24 MO. RED  
CARPET LEASE**2.9% Financing****\$600 TO \$2,000 REBATES  
SPECIAL NEW LEASE INCENTIVES****New 96  
ASPIRE****8.9%  
48 mos.  
or  
\$600  
Rebate****\$8,636\*** #3867**BY POPULAR  
DEMAND FULL  
MAINTENANCE  
24 MO. RED  
CARPET LEASE  
ON ALL NEW  
VEHICLES****New 96  
MUSTANG****8.9%  
48 mos.  
or  
\$500  
Rebate****\$207** \*\*  
per month  
24 MO. RED  
CARPET LEASE**96 Windstar****\$19,701\*****\* \$183 \*\*  
PER MO  
24 MO. RED CARPET LEASE**

#3859

**96 Explorers**

945A, XLT, 4 DR. 4X4

**\$26,185\*****\* \$263 \*\*  
PER MO  
24 MO. RED CARPET LEASE****96 Aerostar XLT****\$16,604\*****\* \$218 \*\*  
PER MO  
24 MO. RED CARPET LEASE****96 Ranger XLT****\$11,784\*****\* \$129 \*\*  
PER MO  
24 MO. RED CARPET LEASE**\*Prices include all possible rebates and incentives. \*\*24 mo. red carpet lease, 15% of MSRP down plus 1st payment & security deposit, 12,000 annual miles included with approved credit. Excludes tax, title & license fees.**"WE WILL MEET OR BEAT ANY LEGITIMATE  
ADVERTISED OFFER FROM ANY AUTO DEALER  
ON EITHER SIDE OF THE RIVER PERIOD!!!"****SEE US TODAY!****PARTS AND SERVICE DEPARTMENT**  
Open Monday Thru Friday 7 a.m. to 6 p.m.  
A FULL SERVICE DEALER • SALES • PARTS • LEASING • SERVICE •  
Complete Body Repair Facilities  
**SALES HOURS:**  
M, W, F: 9:30 a.m. - 9 p.m. • Tues, Thurs, Sat: 8:30 a.m. - 6 p.m.  
Two miles South of I-270 • IL Rte 3 at Fenton Rd. • Granite City, IL 62040  
(618) 452-5400 • (314) 867-9219



# USED CAR SALE

SATURN

SATURN

**200 CARS**  
From All Three Lou  
Fusz Saturn  
Locations

**THIS  
WEEK-END  
ONLY**

**OPEN LATE  
THURS.,  
FRI., SAT. &  
MON.**

**USED CARS  
FROM SATURN!**

- 1) 3 Day Money Back Guarantee
- 2) 30 Day Exchange
- 3) 90 Day 3,000 Mile Warranty-Most Cars
- 4) 1 Year 12,000 Mile Warranty On Certified Saturns-No Charge
- 5) Oil Change Club Member at no charge All New & Used Cars
- 6) Service Open Nights & Saturdays Always
- 7) Three location/Three New & Used Inventories

<b>95 MITSUBISHI MIRAGE COUPE</b> Red, 9,xxx Mi., A/C, Cassette, 4 Cyl. #1237P. <b>\$9,750</b>	<b>94 CHEVY CAVALIER CONV.</b> Blue, 31,xxx Mi., Pwr. Equip., Cass., 6 Cyl. #1188P. <b>\$12,855</b>	<b>94 CHEVY CAVALIER</b> Blue, 37,475 Mi., Pwr. Locks, ABS, Cass., 4 Cyl. #1209P. <b>\$9,850</b>	<b>95 CHEVY GEO/ METRO LSI</b> Red, 19,5xx Mi., A/C, Auto., Dual Bags, 4 Cyl. #1264P. <b>\$9,050</b>	<b>92 JEEP CHEROKEE LTD</b> Black, 75,1xx Mi., Pkg., ABS, Leather Seats, Etc. 6 Cyl. #1195Q. <b>\$15,350</b>
<b>95 CHEVY BERETTA</b> White, 22,xxx Mi., ABS, 6 Cyl. #1138P. <b>\$11,455</b>	<b>95 CHEVY CORSIKA</b> Red, 30,xxx Mi., PL. PW. AC, 6 Cyl. #1188P. <b>\$11,850</b>	<b>95 BUICK REGAL</b> Blue, 29,xxx Miles., Pwr. Equip., 6 Cyl. #1206P. <b>\$14,755</b>	<b>93 PLYMOUTH ACCCLAIM</b> Bigr., 38,8xx Mi., Pwr. Locks, Crz., Cass., 4 Cyl. #1294P. <b>\$9,450</b>	<b>95 NISSAN HARDBODY</b> Magent., 17,2xx Mi., 5 Spd., A/C, 4x4, ABS, Cass., 6 Cyl. #61778B. <b>\$15,450</b>
<b>96 CHEVY CAVALIER</b> Purple, 16,231 Mi., A/C, Cass., 4 Cyl. #1248P. <b>\$12,950</b>	<b>94 FORD TAURUS WAGON</b> Cherry, 36,xxx Mi., Pwr. Equip., Third Seat, 6 Cyl. #1054P. <b>\$12,955</b>	<b>94 GEO TRACKER LSI</b> Magenta, 32,xxx Mi., A/C, 4WD, Auto., 4 Cyl. #115P. <b>\$11,355</b>	<b>95 CHEVY S-10 LS</b> Teal, 31,0xx Mi., 5 Spd., Cass., Alloys, A/C, 4 Cyl. #961794A. <b>\$10,450</b>	<b>92 HONDA CIVIC</b> Teal, 95,xxx Mi., As Is, AC, 5 Speed, 4 Cyl. #961975. <b>\$6,450</b>
<b>94 BUICK CENTURY</b> White, 30,xxx Mi., Power Equip., 6 Cyl. #1210P. <b>\$11,755</b>	<b>88 HONDA ACCORD</b> White, 79,xxx Mi., AC, Cass., Crz., 4 Cyl. #961817B. <b>\$6,950</b>	<b>93 FORD F150 SLT</b> Brown, 52,xxx Mi., Pwr. Equip., Cass., 8 Cyl. #1280P. <b>\$12,455</b>	<b>94 MAZDA PROTEGE</b> Silver, 25,673 Mi., A/C, Cass., PS, PB, 4 Cyl. #1233P. <b>\$10,250</b>	<b>95 CHEVY S-10 LS</b> Teal, 31,0xx Mi., 5 Spd., Cass., Alloys, A/C, 4 Cyl. #961794A. <b>\$10,450</b>
<b>94 ISUZU PICKUP S</b> Black, 24,992 Mi., Cass., Pwr. Brakes, 4 Cyl. #961249A. <b>\$7,995</b>	<b>94 MITSUBISHI ECLIPSE</b> White, 26,xxx Mi., Power Equip., Cassette, 4 Cyl. #1215P. <b>\$13,355</b>	<b>93 JEEP S-10 EXT LS</b> Black, 16,xxx Mi., AC, Cass., 4 Cyl. #1273P. <b>\$13,855</b>	<b>93 JEEP WRANGLER S</b> Black, 48,2xx Mi., 4x4, CD, Hard/Soft Top, 4 Cyl. #982090A. <b>\$10,950</b>	<b>93 JEEP WRANGLER S</b> Black, 48,2xx Mi., 4x4, CD, Hard/Soft Top, 4 Cyl. #982090A. <b>\$10,950</b>
<b>94 MAZDA 626DX</b> White, 14,xxx Mi., Cass., 4 Cyl. #962291A. <b>\$11,855</b>	<b>95 MERCURY SABLE GS</b> Burgandy, 21,xxx Mi., Pwr. Equip., 6 Cyl. #1192P. <b>\$13,555</b>	<b>90 CHEVY CAVALIER</b> White, 77,4xx Mi., A/C, Auto., 4 Cyl. #962115A. <b>\$4,950</b>	<b>93 SATURN SC2A</b> Bgrn., 44,130 Mi., AC, Alloys, 4 Cyl. #961415A. <b>\$12,150</b>	<b>94 TOYOTA TRUCK DLX</b> M. Red, 27,2xx Mi., A/C, 4x4, Cass., 4 Cyl. #961501A. <b>\$13,650</b>
<b>94 SATURN SL2A</b> BBik., 39,422 Mi., AC, Cass., EQ, Fogs, 4 Cyl. #1120P. <b>\$12,450</b>	<b>96 OLDS CIERA SL</b> White, 20,xxx Mi., Power Equip., Cassette, 6 Cyl. #1244P. <b>\$13,750</b>	<b>94 FORD TEMPO GL</b> Teal, 24,3xx Mi., A/C, Pwr. Locks, Cruz., 4 Cyl. #953144A. <b>\$8,450</b>	<b>94 TOYOTA TRUCK DLX</b> M. Red, 27,2xx Mi., A/C, 4x4, Cass., 4 Cyl. #961501A. <b>\$13,650</b>	<b>92 JEEP CHEROKEE LTD</b> Black, 75,1xx Mi., Pkg., ABS, Leather Seats, Etc., 6 Cyl. #1195Q. <b>\$15,350</b>
<b>93 CHRYSLER LEBARON GTC</b> Aqua, 36,xxx Mi., Power, Leather, Cass., 6 Cyl. #1212P. <b>\$12,455</b>	<b>96 PONTIAC SUNFIRE SE</b> Red, 8,xxx Mi., A/C, Cassette, 4 Cyl. #1235P. <b>\$13,865</b>	<b>93 MERCURY TOPAZ LTS</b> Silver, 39,3xx Mi., Pkg., Cass., 4 Cyl. #1293P. <b>\$8,450</b>	<b>95 SATURN SL2A</b> BBik., 17,xxx Mi., Package, 4 Cyl. #1100P. <b>\$14,750</b>	<b>95 NISSAN HARDBODY</b> Magent., 17,2xx Mi., 5 Spd., A/C, 4x4, ABS, Cass., 6 Cyl. #961778B. <b>\$15,450</b>

**A Different Kind of Car • A Different Kind of Company**



**SATURN of Metro East**

501 Salem Place Fairview Heights, Illinois

(618) 624-6400 • 1-800-791-9700


Jeff Mruzik

NIGHTS & SATURDAY  
SERVICE HOURS  
AVAILABLE









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